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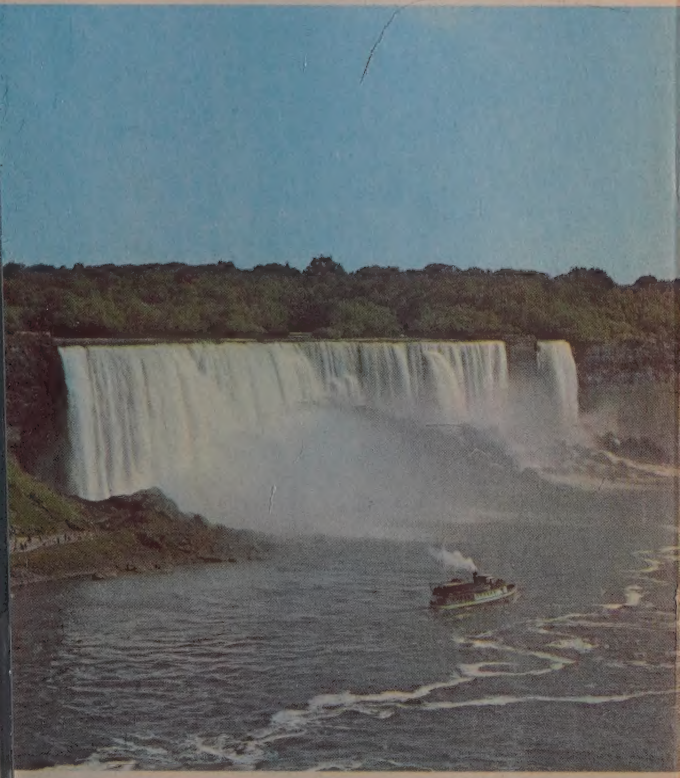

The Splendor and the Wonder

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Cover Kodachrome—Niagara Falls, by Don Knight

Monthly Thoughts

BY CHARLES FILLMORE

To be Used from June 1 to June 30

Illumination: My mind is illumined because my vision is fixed on the light of Spirit within me.

Prosperity: I am a mighty tower of strength and security in the realization that God is my unfailing resource.

Healing: I am a mighty tower of strength and stability in the realization that God is my health.

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I AM or Superconsciousness

from the writings of

CHARLES FILLMORE

SUPERCONSCIOUSNESS is the goal toward which humanity is working. Regardless of appearances there is an upward trend continually ac-ive throughout all creation. The superconsciousness s the realm of divine ideas. Its character is imper-onal. It therefore has no personal ambitions; knows o condemnation; but is always pure, innocent, lov-ng, and obedient to the call of God.

The superconsciousness has been perceived by e spiritually wise in every age, but they have not nown how to externalize it and make it an abiding ate of consciousness. Jesus accomplished this, and is method is worthy of our adoption, because as r as we know, it is the only method that has been ccessful. It is set forth in the New Testament, and hoever adopts the life of purity and love and ower there exemplified in the experiences of Jesus

of Nazareth will in due course attain the place that He attained.

Jesus acknowledged Himself to be the Son of God. Living in the superconsciousness calls for nothing less on our part than a definite recognition of ourselves as sons of God right here and now, regardless of appearances to the contrary. We know that we are sons of God; then why not acknowledge it and proceed to take possession of our God heirdom? That is what Jesus did in the face of the most adverse conditions. Conditions today are not so inertly material as they were in Jesus' time. People now know more about themselves and their relation to God. They are familiar with thought processes and how an idea held in mind will manifest itself in the body and in affairs; hence they take up this problem of spiritual realization under vastly more favorable conditions. An idea must work out just as surely as a mathematical problem, because it is under immutable law. The factors are all in our possession, and the method was demonstrated in one striking instance and is before us. By following the method of Jesus and doing day by day work that comes to us, we shall surely put on Christ as fully and completely as did Jesus of Nazareth.

The method by which Jesus evolved from sense consciousness to God consciousness was, first, the recognition of the spiritual selfhood and a constant affirmation of its supremacy and power. Jesus loved to make the highest statements: "I and the Father are one." "All authority hath been given unto me in heaven and on earth." He made these statements, so we know that at the time He was fully aware of

ir reality. Secondly, by the power of His word penetrated deeper into omnipresence and tapped deepest resources of His mind, whereby He resed the light, life, and substance of Spirit, which abled Him to get the realization that wholly united s consciousness with the Father Mind.

In making His great overcoming Jesus applied principles of Being scientifically, and He inucted His followers to do as He did. No one can a copyright on the principles of Truth any more n he can get a corner on the air. Truth is free; s Spirit, and cannot be kept from the spiritually nded, nor can it be confined within the bounds of religious organization. In the light of modern ence the miracles of the Bible can be rationally plained as Mind acting in an omnipresent spiritual d, which is open to all men who develop spiritly. "Ye who have followed me, in the regenera- n when the Son of man shall sit on the throne of glory, ye also shall sit upon twelve thrones, judg- the twelve tribes of Israel."

"He that overcometh, I will give to him to sit wn with me in my throne."

Overcoming is a change of mind from error to uth. The way of overcoming is first to place one's by faith in the realization of Sonship, and sec- l, to demonstrate it in every thought and act.

The Word is man's I AM. The Holy Spirit is the tpouring" or activity of the living Word. The k of the Holy Spirit is the executive power of her (mind) and Son (idea), carrying out the tive plan. It is through the help of the Holy it that man overcomes. The Holy Spirit reveals,

helps, and directs in this overcoming. "The Spiri searcheth all things, yea, the deep things of God." It finally leads man into the light.

The work that the overcomer does for the worl is to help establish a new race consciousness, "nev heavens and a new earth, wherein dwelleth right eousness." By being true to his highest understand ing of Truth the overcomer never swerves to th right nor left for any reason.

As an illustration, a friend of mine who lives i a large American city, an executive of a manufac turing corporation, dotes on standing at a bar wit a group of his associates; and after they have all o dered liquor in one form or another, he calls out s everyone can hear, "Buttermilk!"

This has been going on for a number of years Whenever they undertake to joke him about hi seemingly tame choice he is overjoyed. He feels h is testifying for the Lord and is thankful just for th opportunity. However he says that first one and the another of his friends has come to him privately an asked him how he has the nerve always to tur down the drinks. He tells them he stands in th strength of the Lord and that it is no problem at al for him. They usually admit they wish they had a much backbone as he. This gives him the opportunit to present a word for the practical use of Truth.

The mind of man is built on Truth, and th clearer man's understanding of Truth is the mor substantial his mind becomes. It is through progre sive, step-by-step spiritual unfoldment that Trut is demonstrated. The truths of Being are scientifi and undoubtedly Jesus understood and taught th

roperties of the cosmic ether under the name of the kingdom of the heavens."

Science rightly understood is of inestimable value o religion, and Christianity in order to become the vorld power that its founder envisioned, must stress he unfoldment of the spiritual mind in man in order hat he may do the mighty works promised by Jesus.

When Jesus went up into the mount to pray He vas transfigured before His apostles Peter, James, nd John. True prayer brings about an exalted ra-iation of energy, and when it is accompanied by aith, judgment, and love, the word of Truth bursts orth in a stream of light that, when held in mind, lumines, uplifts, and glorifies.

Jesus recognized Mind in everything and called "Father." He knew that there is a faith center in ach atom of so-called matter and that faith in man an move upon the faith center in so-called matter nd can remove mountains.

He developed spiritual faith in His own mind, hich moved upon the cells of His body and re-ased the power He used in His resurrection and as-nsion.

We cannot separate Jesus Christ from God or ll where man leaves off and God begins in Him. o say that we are men as Jesus Christ was a man is t exactly true, because He had dropped that per-nal consciousness by which we separate ourselves om our true God self. He became consciously one th the absolute principle of Being. He proved in s resurrection and ascension that He had no con-ousness separate from that of Being, therefore He ally was this Being to all intents and purposes.

Yet He attained no more than what is expecte of every one of us. "That they may be one, even a we *are*" was His prayer.

This is all accomplished through the externaliza tion of the superconsciousness, which is omnipresen and ever ready to manifest itself through us as did through Jesus. Let "Christ be formed in you."

In Acts 1:8 Jesus said: "But ye shall receive pow er, when the Holy Spirit is come upon you."

Through the Holy Spirit, man not only ha power to keep the words of Jesus but also to do th works that He did, even "greater *works*."

Modern science tells us that in the trillions c cells in our body there are imprisoned electroni energies beyond all possibility of estimate; that single teardrop has within its atoms dynamic forc enough to blow up a six-story building. Man is con ing into an understanding of how to release thes mighty powers and use them in regenerating sou and body.

Jesus taught that the realities of God are capabl of expression here in this world and that man with in himself has God capacity and power. Jesus wa crucified because He claimed to be the Son of Goc Yet the Scriptures, which the Pharisees worshipec had this bold proclamation, which Jesus quoted t them from Psalms 82:

"I said, Ye are gods,
And all of you sons of the Most High."

Jesus differed from other men in that He prove by His works that He was the Son of God, whil the average man is still striving to attain that e cellency.

The reports by His followers of what He taught learly point to two subjects that He loved to dis-ourse upon. The first was the Son of God: He was he Son of God. Secondly: We might all become as Ie was and demonstrate our dominion by following Iim in the regeneration.

In order to follow Jesus in the regeneration we nust become better acquainted with the various hases of mind and how they function in and hrough the body.

He who has caught the significance of *man,* and vho and what man is, never allows himself to ac-ept any erroneous conclusions as to his final des-ny. He does however know there is a way provided y which he can not only free himself from the laims of materiality but also by his efforts open the vay for many others to do likewise. No person ever emonstrated his God-given powers in even a small ay but what he helped others to do the same. reaching is good, but precept is better. "I, if I be fted up from the earth, will draw all men unto yself."

In Isaiah 65:17 we read: "Behold, I create new eavens [ideals] and a new earth [manifestation]; id the former things shall not be remembered, nor me into mind."

The body that is formed in regeneration absorbs e substance of the body of flesh, and makes out of a new body in divine order, under the law of the hrist mind. In this process the physical body dies that the Christ body may live; but the spiritual o, the I AM, remains consciously active through-t the process of development that Paul referred to

when he said: "I die daily."

In spiritual understanding we know that all th forces in the body are directed by thought and tha they work in a constructive or a destructive way, ac cording to the character of the thought. Medicine massage, and all the material means accomplish bu incomplete, unsatisfactory, temporary results, be cause they work only from the outside and do no touch the inner springs that control the forces. Th springs can only be touched by thought. There mus be a unity between the mind of man and Divin Mind so that ideas and thoughts that work construc tively unto eternal life may be quickened in the min and organism of man.

Jesus unfolded the consciousness of the Abso lute. Through the quickening of the Spirit we ar loosed from all limiting ideas and are set free in th Christ consciousness or realization of the Absolute The consciousness of the Lord Jesus Christ is o limitless life, strength, power, wisdom, love, an substance that are everywhere present, alway present.

We are told in John that the world could no contain the books that would be written if all th things that Jesus did were put into writing. Bu enough is given in the story of His life and in th writings of the apostles concerning Him to bear wi ness to that which is daily being revealed in this da of fulfillment. Those who are consecrated to Trut and fully resolved to follow Jesus all the way ar spiritualizing the whole man, including the body which is being redeemed from corruption. Thos who are living as Jesus lived are becoming like Him

Listening: a Way to Happiness

MARIA ANN AIGNER

HAPPINESS IS SOMETHING we all want, though each of us seeks it from a different angle. For some, happiness is love fulfilled. For others it is peace of mind or heart. For still others happiness is comfort, security, or companionship. But in my own mind happiness has become just one thing: understanding.

I arrived at this thought quite a few years ago, after a long dry period in my life when I had no idea of where I was going or even why I was going there. I was about twenty-three years of age before I realized how void of real happiness my life was. In spite of a well-rounded home life, a satisfying job, good friends, and enough money to live comfortably, I knew something was lacking. I sensed I was not fulfilling the role that God had intended for me.

Often in the late hours of the night when my unrest was strongest and uncertainty regarding my next step had me panicky, a prayer was wrung from me. Yes, actually wrung—for my heart would contract and the muscles of my whole body grow tight with the intense desire that surged through me as I strove to break through whatever it was that held me.

I know now that this was my subconscious speaking to me. But in those times the weight of feelings that I did not understand virtually forced me to a standstill in all but one respect: Prayer. The words I used were not from the Bible, for I had not been

trained in its use. Sometimes there were no word spoken into the dark. But the "something" that flashed through my brain was always a humble plea for guidance and help. I am sure that more often than not in those days I prayed as a child would pray—blindly, and in phrases without music or beauty. Yet these words, too, found their way to God's ears. Even then He answered me in a language my heart could understand.

One night during my prayers, I fell into a deep quiet. This was the first such quiet I had experienced. torn as I was by anxiety and turmoil. Out of the silence a voice spoke: *"Papper-liese,"* it said. Two little German words. Suddenly everything was clear to me! I knew why the words had been spoken and the course of action I must take. These two little words were a pet name my father applied to me when I was a little girl. They actually mean: little one with a long tongue who talks too much. Many years had passed since he used them, yet I had never stopped being a *Papper-liese.* I had wasted hours in idle talk. Instead of drawing people to me with sympathetic understanding, with my constant chatter I had closed myself off from them. The voice within me spoke to show me the other way, the quiet way.

I required a year—a year of almost absolute quiet—to conquer my wrong habit. But I knew I had to go to this extreme. Too much talking had a strong hold on me. Only drastic measures could cure my tongue. In that year I found the happiness I sought. I learned to control my tongue and to contribute to a conversation without taking over. Du

ing the months when I listened to others while sharing their joys and sorrows, their hopes and dreams, I was no longer lonely. The emptiness inside of me was filled, and I reached the understanding that I desired.

During that year, too, God spoke to me as He never had before. Within a short time from the night that I first heard Him and while on my way to work one morning, I found a Unity pamphlet on a subway seat. I no longer remember its message, but it was the answer that I had prayed for and the signpost I needed for the next step. That very day I looked in the telephone book for the number of a Unity center in New York, and found to my amazement (now I am no longer amazed by such things) that I worked within two blocks of a center. Subsequent investigation revealed that I could join the Tuesday noon group. All this happened many years ago, and yet, as I write, the emotions and the deep peace that descended on me are as strong and as real as they were then.

So I was led down the path of study of the great laws and I learned above all to make use of effective prayer. Gradually my prayers lost their desperate urgency, for all the while I was learning

"God is our refuge and strength,
A very present help in trouble."

That which had been a blind urge now became a confident, poised, definite aim within me. I learned to hold certain phrases in my mind to be drawn on whenever situations became difficult. "Jehovah thy God is with thee whithersoever thou goest," was a phrase that took on form and meaning for me as I

learned to lean on Him every moment of the da

Many times during His ministry Jesus had ac monished His followers to retreat into the silenc When He spoke to me with those two little word it was as though He removed scales from my eye and blocks from my ears. The courses I had take at college, the meetings I had attended, all that had learned before, became insignificant compare to the new understanding. Nothing was as impo tant as the new teaching and the direct experience that followed.

As I listened, sometimes I read the thoughts o others before they expressed them and knew wha the people felt. I discovered I could lose myself i people just as I had hoped. I became a part of peo ple. I lived their days, felt their emotions, laughe talked, and cried for the same reasons that they di My own life did not seem to count any more, for had so many lives to live. And yet I had never fe so alive.

A German girl on my floor in the Internationa Building in New York City invited me to join he for lunch each day in the little office where sh worked. There, as she talked, I became a part o her story as we were bombed out of her apartmen in Hamburg, herded into cars, and shipped to No way to a displaced persons' camp. She—or we—le word where letters from her lieutenant in the Ge man air corps could be forwarded, but no reply eve came. Finally, news trickled through that his plan had been shot down, and we went on then to mak a new life in the camp.

Later, after the big guns had been silenced, w

went back to Germany—to what was left of it. There I discovered how it feels to live in the home of someone who does not want you; someone who has been ordered by the government to provide shelter for you because there is no other place for you to go. I learned what it is like to lose forty pounds in a few months and to have to dig for potatoes late at night on a farm that is not yours, while you pray all the time that you will not be shot. Later, I stood on the deck of a ship and looked at the Statue of Liberty, in her outstretched arm finding courage for the new life—a life that would be hard but yet so much better than the other.

Each day it seemed that people came closer to me in spirit. "We knew you would understand," they said, and my heart grew full with the miracle God had performed within me.

Other things, too, had changed and made me feel alive. The bricks and the stone and the marble columns breathed and talked as I went by. The windows of an empty building smiled at me. A little boy laughing in the street was mine. A dog barked, and I turned to say "Hello." Lilies and chrysanthemums nodded to me from the gardens at Rockefeller Center, and I nodded back. I realized then that all the noble dreams men have dreamed throughout the world, dreams of peace and friendship, of love and understanding, are possible in God's good time and through His power.

One morning I took an earlier bus than usual. Through a chance meeting with a Swiss woman and an unreserved hello, we became friends. Shortly after our meeting on the bus, I went with her to the hos-

pital where she gave birth to her fourth child. The baby, as had the three she had previously borne, lived only a few hours.

It was here that I came to know the anguish that a human heart may undergo, for my friend learned then that she could never have another child—she who had wanted children for so many years.

In the months that followed, after she returned to Switzerland, my Swiss friend and I prayed together across the ocean. As always "where two or three are gathered together," God took command of a heart. Soon a letter came from Germany where she was visiting a little girl who had been farmed out to her during the war.

"Trust in Jehovah with all thy heart,
And lean not upon thine own understanding"

I had written again and again. Sure enough, my friend brought the child back to Switzerland and love returned to her home.

I read the next letter with tears running down my face, for I was filled with wonder and gratitude at the completeness of His great plan. My friend's little girl had to go back to Germany. But soon after she left, the sunny garden in the Alps became a playground for other little boys and girls from a nearby school. My friend's husband taught physical culture. After school—and like the Pied Piper of Hamlin—he led tiny feet around corners and up and down streets, right through my friend's garden gate. The wife often turned from her work in the kitchen to find some child who had slipped in without her knowledge, standing with eyes shining, surveying the fascinating art of cookery. A dog with floppy

ears and wistful eyes next came into their lives, and another picture was complete on God's easel.

My life is growing big around me. The future, full of people, looks very good. I have not found all my answers, but I know more happiness and peace than I ever thought I could know. We have another *Papper-liese* in our house, too. She is my sister's daughter Ginger; a pea in a pod, as much like me as anyone could possibly be. But we are guiding her very carefully, so that she may learn the great lesson while young. We want to be sure that she will take the right road and that she will listen to the still small voice and find happiness in the kingdom of God within her.

OPULENCE

Grace Clyde Andrews

God's wealth is limitless;
His nature is expressed
In lavish giving.

The earth was made for man
And God, in wisdom, planned
Abundant living.

He holds in bounteous store
All we can ask, and more,
Of good to treasure.

Faith is the master key—
The open-sesame
To every heart's desire,
In fullest measure.

"Already Ye Are Become Rich"

L. STEVENS HATFIELD

Come, ye blessed of my Father, inherit the kingdom prepared for you.

IN THE 22d chapter of Genesis we find that Abraham named the place where he sacrificed the lamb "Jehovah-jireh," which means "Jehovah will provide." One of the truths symbolized in this story is that the supply is always at hand to meet every need no matter how desperate the situation appears to be. God daily renews the spiritual substance that He gives us to meet our human needs. Even though we may appear to exhaust the outer supply, the invisible abundance is just as great as it ever was. By the power of our faith we call it forth into manifestation in our life.

"Our inward man is renewed day by day."

Do you find it difficult to accept the idea that God is the source of your prosperity? If you do, then try this plan. From moment to moment throughout the day express your thanks for plenty. Affirm aloud or silently, "Father, I thank You for plenty of love, plenty of work, plenty of time, plenty of money, plenty of opportunities to serve You—for plenty of every good thing that it is Your will that I should have." At the end of the day take stock and you will find that you have a greatly enlarged conception of God as an active agent working with you in your affairs. Continue to give thanks for the spirit of plenty manifesting in and about you and you will

surely rejoice in perpetual and abundant prosperity.

Jesus understood the law of supply so completely that He never lacked for anything that He needed. He knew that God was the source of all substance and He called on Him for whatever was necessary. His great faith caused abundance to become manifested at once. He knew that "it is your Father's good pleasure to give you the kingdom."

One of the first things that we learn in the study of Truth is that Spirit substance is all about us. The fact that this substance is infinite becomes clear to us as we watch the myriad snowflakes or the unnumbered raindrops that fall from the heavens. Substance is infinite in God's kingdom. It is greater than any demand that can be made on it. It is the very life of God in activity. How marvelous it is that we can manifest this unlimited substance in our lives through a simple process of mental activity and joyful physical action.

"Thou shalt see and be radiant, and thy heart shall thrill and be enlarged; because the abundance . . . the wealth of the nations shall come unto thee."

Matthew tells us that the Wise Men in adoration brought to the Christ child their gifts of gold, frankincense, and myrrh. This beautiful story symbolizes a great spiritual truth. You are a child of God, His beloved son. You attract to yourself rich spiritual ideas, the high thoughts of God. These ideas bring you His priceless gifts, riches that are set before you each day.

Many persons study metaphysical laws for years but they fail to make individual application. What they neglect to accept is the fact that persons are

prosperous because they live, life being the richest gift of God.

The person who is without a job, or who may be lacking in funds is simply out of the prosperity consciousness. The consciousness of prosperity is magnetic. It draws prosperity to itself. The person with something of worth to sell need only to open his consciousness to the worth in order to find a buyer quickly. In fact, the buyer often seeks him. The employee with rich ideas is always being sought. An employer is willing to pay well for ideas that will make his business prosper. The secret of your demonstrating prosperity lies in your ability to think of it so vividly that you cause your ideas to bring forth new action, new vitality, and increased riches. Make yourself such a valuable employee that prosperity must come to you. Make your business so alive that all who come in contact with it will sense the prosperity atmosphere.

Have you ever wanted to get away from the pressures of life, to escape from worry and want, to go to some far place that promised peace and satisfaction? You can do this thing right now, right where you are. If you were to travel to some far country, your worries would go along with you because they are established in your mind. There is a place where you can go and where your worries cannot follow you. It is the secret place of the Most High, the place of silence within you. As you rest in the silence, you will find yourself going farther and farther away from the problems of your life. You will seem to be going miles and miles within yourself. Then suddenly you will discover that what

you have been seeking is now seeking you. If you deal with Mind and Spirit, you will find an idea that will point the way to prosperity for you. By meditating on this idea you will cause it to expand, to grow, and to develop into a magnet that will bring your prosperity to you. It is a law of mind action that whatever you decree is established for you. God decreed, "Let there be," and it was so. This law will operate in exactly the same way in you when your thought is for the good you desire to see manifested.

It is necessary for you to have faith before God can supply your every need. But faith is not enough. You must be willing to act in accord with the guidance that you receive from Spirit. Your prosperity will then be manifested for you in the way and through the channels that God has designed for you. Unless your prayer is coupled with action it is liable to be ineffectual. When you pray for prosperity, first declare your faith in God as infinite supply. Then say to Him, "Father, whatever you give me to do, I will do it with all my might." When His Spirit gives you direction or ideas, act! Then shall your prosperity be assured.

Since we live in a world where time plays an important part, we tend to measure events in terms of minutes, hours, days, and years, and we lose sight of the truth that Spirit is timeless. Jesus recognized this truth when He fed the five thousand hungry persons by blessing and breaking the loaves and fishes. He knew that He did not have to wait long hours or endless days for His Father to prepare and supply the needed food. He let Spirit work in and through Him to transform instantly the invisible

divine substance into manifested food.

There is an important point to remember when we are praying for prosperity. Although God's all-providing substance is all about us, it does not come into manifestation for us merely through our speaking words. Often physical activity is needed on our part. We have to feel that our words are true, then back up that feeling with doing. When we say that we rest in the consciousness of God's superabundance, we do not mean that we are to be idle, that we can sit by and let God do the work. No, indeed! The divine law of right adjustment (the law of giving and receiving) requires that we do something in order to receive. We are not to rest in deadly inactivity. Rather, we are to rest in an active way by keeping our minds free from worry, fear, and lack, doing in the meanwhile all that God sets before us to do. Our prosperity is then not only secured, it is insured.

The foundation upon which any successful demonstration of prosperity rests is the truth that God is substance, infinite, unfailing, and eternal. We must accept this truth and act on it in the conviction that His will for us is abundance. When we keep our faith in the divine supply firm and strong, we are blessed not only with abundance but with superabundance. Whatever our need, whether it be for a job, a home, money for taxes, bills, or for a much-needed vacation trip, the truth is that the superabundant riches of the Christ Mind are always ours to use. The source of supply upon which we draw is limitless. Our supply comes to us not only according to our need, but according to the ever-

present super-abundance of Spirit.

"If ye . . . know how to give good gifts unto your children, how much more shall your Father who is in heaven give good things to them that ask him."

We should not forget or ignore the spiritual nature of substance in our desire for material things. We will find happiness as we continually and enthusiastically seek the true riches of Spirit substance. They assure us abundant prosperity in both mind and affairs. If prosperity were limited to material expression such as money, lands, and goods, we might be able to conceive of it as having certain boundaries. True prosperity, however, is of the Spirit. It consists of ideas that are born in Divine Mind. These ideas, the wealth of the Father's love, are unlimited. We bring them into full manifestation through our faith, through the consciousness of our divine right to have and to enjoy them.

One of the basic truths about successful demonstration of prosperity is that if we think rich thoughts and follow through with right activity, we will produce a rich harvest of manifested good. Poverty is not a condition that is imposed upon us; it is the harvest of our poor thoughts. Do not let any outer condition turn your thoughts away from the truth that God is your instant, constant, and abundant supply. Even when it seems that your funds are wholly depleted, deny the fact that you lack any good thing and affirm your faith in God as the source of your complete supply. The Psalmist embodied in words a powerful realization of spiritual law when he wrote, "My cup runneth over." God's

supply is not measured for us in minute quantities but in overflowing measure. A veritable cascade of substance is poured upon us when we affirm the presence of plenty. Let us bless it and give thanks that it is ours to use and to enjoy.

It is not always easy to behold spiritual abundance and to affirm the reality of plenty when all about there are appearances to the contrary. The lack is put to rout when we clothe our thoughts in the rich garments of spiritual substance and affirm our faith in the truth that God is our supply. God is our Father; His resources are infinite. His love for us is so great that He would give us all that is in His storehouse. We have only to recognize and receive it.

Prosperity and success come to us not by chance but because we prepare ourselves for them by being sincere and steadfast. It is a law of mind action that only one thought pattern at a time can hold precedence in our minds. What we think of most strongly becomes manifest for us. When our thinking is confused—sometimes positive and sometimes negative—the condition of our affairs will be uncertain.

Through the power of the Spirit within us we have access to infinite abundance. There are always new avenues of prosperity opening to us. Should the conditions of our lives change, compelling us to seek new employment or new sources of supply, we should do it without fear or apprehension. We should know that God's will for us is always good.

When we lay hold of the truth that God's supply is instant and unfailing and hold to this truth, we are set free from lack. The wealth of Spirit is avail-

able to everyone. Divine riches exist in the form of ideas that can be transformed into supply by anyone who, through spiritual insight, is able to perceive them and put them to work. God furnishes the raw material for prosperity. It is up to us to use these materials advantageously if we would bring our prosperity into manifestation.

Open your heart now to the inflow of His love which contains the supply for every need: new life, new inspiration, and new hope. Lift up your faith and know that your Father is now, this minute, pouring out for you an unending stream of blessings. Accept your blessings with joy as you behold them manifested in your life.

"Come, ye blessed of my Father, inherit the kingdom prepared for you from the foundation of the world."

Jesus said, "Whatsoever ye shall ask of the Father in my name, he may give it you." Accept this promise of unlimited supply. Abide in His word and be born anew into His kingdom of plenty. The kingdom of our Lord is a glorious kingdom of radiant Spirit substance. From this kingdom heaven and earth were fashioned, supplying us with all our needs. Let us affirm daily that we abide with God and that we are surrounded by the infinite riches of His kingdom. The greater our realization of our oneness with Him, the more abundantly we are prospered both materially and spiritually.

When you actively declare your faith in God substance, you put yourself in tune with the law that governs supply. Even though you do not know the law and cannot explain how it works, it continues

to do its work perfectly. Eventually it will brin forth the increased prosperity that you desire. Tru prosperity is of the Spirit and is perceived and lai hold of by the mind when it is lifted up in faith Prosperity is yours in abundant measure as you ex press the new ideas God gives to you and put int use the talents that are your divine gifts from Him

"They shall prosper that love thee."
"Praise ye Jehovah. . . .
Wealth and riches are in his house."

Sweet Symbols

Maurine Hathaway

There is a message in earth's lovely things—
The rainbow prism in the drop of dew,
The iridescent flash of humming wings,
The maple tree with sunlight dappling through

The cloud, rose-tipped by sunset's afterglow,
The meadow starred with honeyed clover bloom
The new moon o'er the hilltops tilting low,
Dew diamonds on a spider's silver loom.

Each has a meaning definite and clear,
That thrills and moves the heart to grateful praye
For beauties that inspire, uplift, and cheer—
Sweet symbols of God's love and tender care.

The Good at Hand

FAITH CORNWALL

I SPENT A PART of a recent vacation sketching a view of a lake and some mountains that surrounded the cottage where I stayed. I had not attempted to draw for several years; and as I tried to put the scene on paper I realized how little attention we normally give to details. We enjoy the over-all beauty of a scene, but there are many important features that we often miss. It is the capacity to appreciate such things that makes an artist, equally as much as his ability to draw or paint.

Similarly, our ability to make a masterpiece of our life lies in our recognition of the good that permeates it. Not until we are aware of the hidden splendor of life does good become released to us. As the Scripture says, "Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him." We have to develop our capacity to recognize and appreciate the hidden wonders before we can make them an integral part of our lives.

Isaiah prophesied, "The wilderness and the dry land shall be glad; and the desert shall rejoice, and blossom as the rose." That which is uncultivated and barren becomes fruitful when we see with the quickened eye of spiritual understanding and put into action the principles by which the divine becomes manifest.

Sometimes we pray for good, or wish for it, as

though it were not ours by divine right, but something we have to take by plotting. If we are to experience good, we must recognize what already exists as a divine reality and live in accordance with the laws of its unfoldment so that we bring our good into expression and visibility. When we understand this, we will be relieved of the tensions that come because of our attempting to create the good that we desire.

Sometimes we become so absorbed in trying to change things that we overlook much of the good already at hand. By keeping our eyes on some distant goal, we miss the pearls at our feet. We make a god of demonstration; we allow ourselves to become dissatisfied; and we fail to realize how well off we really are.

We may look at life with a limited perspective and decide that things are wrong because they do not conform to the outline that we have made for ourselves. We do not stop to think that infinite wisdom may have a far grander outline than our own. To reach the greater goal which God has for us, we may have to sacrifice our lesser one, for there are certain requirements to be fulfilled before we have the consciousness to receive the greater good. This spiritual development is the most important achievement. It brings in its wake glorious manifestations of health, happiness, and prosperity.

Who among us will not admit that he learned some of the most important lessons of his life through adversity? To admit this is not to recommend suffering: it is to recommend the spiritual growth that often comes when, as a result of our

experiencing frustration, we detach ourselves from the mortal and seek a larger view of our existence. Thus we accentuate the spiritual.

At one time I prayed earnestly for a demonstration of personal supply. A period of time elapsed. Pray and declare prosperity though I might, my supply came in such limited amounts that I had to be careful about the smallest expenditures.

Gradually I began to appreciate things that I had always taken for granted. As I blessed my meals with a deep sense of thankfulness, I realized that never before had grace at mealtime carried such significance. Now, I experienced a deep and inspiring feeling of oneness with God when I partook of the substance that He supplied from day to day. My wants became simplified and I became more worthy of demonstrating greater supply. A sense of dedication possessed me as divine substance passed through my hands. I would not exchange the increased awareness gained through that experience for any amount of material opulence. It was an important era in my spiritual growth. I knew this was a demonstration of a higher nature. Other demonstrations of a similar nature followed.

When we have laid the necessary spiritual foundation (the foundation of faith, love, peace, and the dedication of our powers to Truth), then there will be the outer manifestation, sure and abiding. Let us not lose heart if the fulfillment of our desires seems to be delayed; but let us take joy in the progression toward our attainment. Joy is our heritage all along the way. First the joy of development; then the joy of fulfillment. We cannot experience

joy if we are so eager to reach our goal that we los sight of the wonder of growth.

Once I stood near the top of one of the peak of the Great Smoky Mountains in North Carolina From this point I could look out and see peak afte peak rising majestically in the distance, each on seeming to touch the sky. It was a magnificent sight and as I witnessed it, I felt a cleansing of some o my limitations. In the symbolic strength of the moun tains I found a strength of my own. In their grandeu I became aware of the greatness and the power o the Creator within me. Any experience that enable us to break the bonds of the senses and to behol reality is worth while. This is the only way that ou true work is done.

There are times when we consciously co-operat with the divine pattern and project it through ou thought, speech, and action. But it is the silent an effortless witnessing of Truth that frees us to ex press and experience the divine nature. Eventually these demonstrations become almost automatic.

If ever our word returns to us void, we ma know that it was because we did not speak it wit the proper thought, that it was of the personal con sciousness, and lacked the divine pattern and power We must pray, not with the idea of inducing God t give us what we want, but to bring into our mind an awareness of His life and law so that His good ness and wholeness always at hand, may show fort in us from day to day. As this takes place, we shal find our lives replete with a myriad of spiritual an material blessings that will to overflowing our high est desires.

Understanding Faith

CHARLES H. MATTERN

THROUGH UNDERSTANDING FAITH Daniel shut the mouths of hungry lions. A friend facing business failure arose to industrial triumphs when he grasped and used the understanding faith in God's loving willingness to guide him into sound economic ideas. Another friend, chronically ill and most despondent, soon demonstrated perpetual joy and health when understanding faith became dominant in his consciousness.

Paul defines the essence of such faith thus: "Faith is the substance [the divine, creative power] of things hoped for, the evidence [Truth and perfection] of things not seen." Faith is both the vision of our needs and the power to accomplish that vision. Paul is assuring us that faith is a divine faculty reaching into the spiritual realm and bringing out into the physical world visible results.

Thus, our implicit confidence that the Father is solving a seemingly insoluble problem is not blind belief or wishful thinking; it is understanding faith. "Thy faith hath made thee whole," spoke the Master, and healed a woman who a few seconds before had been afflicted with a so-called incurable disease. Jesus credited one cause for the healing: her unshakable faith in God's healing power.

Man's reasoning may indicate that a problem is beyond solution. Understanding faith is not bound by material limits, but is governed by the perfect

law of God. Understanding faith is really faith to which we have fully awakened in our consciousness. It is the spiritual understanding of the truth that whatsoever we ask in His name, believing that He wills it, is now given unto us. Such faith shows us clearly that the asking and the receiving of His gifts are inseparable parts of divine law.

When a seemingly hopeless situation evaporated before the word of the humble Carpenter, He made it quite clear that the change had been accomplished through the supplicants' faith in God's power to heal. "And when he was come into the house, the blind men came to him: and Jesus saith unto them, Believe ye that I am able to do this? They say unto him, Yea, Lord. Then touched he their eyes, saying, According to your faith be it done unto you. And their eyes were opened."

Someone may remark, "If I had met Him then, I too would have been instilled with that faith which accomplishes all things." This is a beautiful thought, and quite true. However, the Christ who healed the two blind men is, today, just as powerful to fill our every need. "I am with you always," is the assurance that the Christ presence now abides in us. As for our ability to have such faith as that of the blind men, Jesus gave the exact answer.

"For verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain [any defiant, stubborn burden], Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you."

The Master is emphasizing that faith is so inconceivably powerful to demonstrate God's Truth,

an approximation of its true essence in us operates the divine law for our every need. Understanding faith establishes through the Christ presence within us the approximate spiritual conditions under which the blind men were made to see. Its achievements are always guaranteed by the power of His presence.

A friend suddenly confronted with the likelihood of being a semi invalid, sought the advice and help of a Truth student. It was suggested that he cultivate understanding faith. Prayer, affirmations for health, and meditation on the Great Physician's tested promises became a daily habit. As the days rolled by he felt an ever-increasing assurance that he was being made whole. The assurance emerged so unequivocally that he accepted a coveted role demanding a great deal of physical action. When the director asked him, "Are you sure you can play this rugged part?" my friend smilingly answered, "I can do anything." In perfect health he played the role to the plaudits of all.

Another friend related that a chronic ailment first began to subside into eventual nothingness when, in desperation, she finally let go of the burden, put it in God's care, and prayed for faith. This is the initial step for cultivating understanding faith: unconditional surrender of the burden to His loving care. No longer do we feel insolated and helpless, for such a step sweeps the cobwebs of fear, doubt, and anxiety from the consciousness. We sense the truth that the problem can be and will be solved through God's love and power. "Ye shall seek me, and find me, when ye shall search for me with all your heart." Thus, we firmly establish the under-

standing faith that His Truth is being expressed in us as we progress toward ultimate demonstration.

"The words that I have spoken unto you are spirit, and are life," said the Master. Through daily meditation on His words we become more and more teachable. We discover that to hold His promises in thought brings not only inner peace and relief but a sharply defined assurance that the promises apply beautifully to our own situations. Consciousness becomes acutely attuned to the Christ presence within us, for the Master's words soon prove to be the essence of spiritual energy and dynamic life. When we affirm Christ ideas in Truth statements, we not only decree Truth but operate the divine Law.

I am conscious of the healing power of the Christ within me, raising me up to wholeness. His divine presence fills me with His perfect peace, joy, and harmony, and my path is made clear. I am one with the Father and heir to His limitless flow of good. My prosperity is assured.

When hearts and minds fully awaken to the Truth in such affirmations, faith takes on a spiritual understanding that knows and uses clearly His willingness to make manifest every blessing and to fill every need. It is through communion with the Father that understanding faith attracts the answer to prayer.

"According to your faith be it done unto you." To the extent that we believe God's love, wisdom, and power are the basic elements in our lives, to that extent do His divine attributes make themselves manifest. Indeed, nothing else can so powerfully verify the Master's words, "Great is thy faith: be

it done unto thee, even as thou wilt." In our prayer periods when we commune with Him, we partake of His love and power and know that our needs are being met.

In a remote region of Africa when crops were threatened by a drought, the missionary called a meeting to pray for rain. As he looked down from his pulpit and saw umbrellas blocking aisles and entrances, he rebuked his native congregation for cluttering up God's house. One of his members shyly replied that they had brought their umbrellas because they knew God would answer their prayer for rain. Somewhat abashed the missionary asked humble pardon, saying that it was they who had the true faith. As they prayed, storm clouds converged on the vicinity. Soon gentle drops of rain pattered on the roof. The rain was more than sufficient to save the crops.

Perhaps these socially backward but gentle and spiritually wise people illustrate the power of affirmative, dynamic, and operative prayer. As we enter the secret place of the Most High we, too, know that prayer is natural to man. It is the wide-open channel to the Father through which all blessings flow. We kindle, generate, and exercise understanding faith as we pray, believing that God intends that we receive those needs which make life full, rich, and buoyant. In His presence our faith realizes that answered prayer already exists in Spirit, for God wills only our very highest good. Faith's understanding of this draws upon His omnipotence. Adherence to daily prayer in such faith keeps us on an even and steady keel and pilots our efforts toward perfect demonstration.

The Master was always deeply touched by those who persevered in their efforts to demonstrate their faith in His power. One man had his friends lower him through the roof so that he could come into Jesus' presence. Such evidences of faith were always acknowledged by the Master with instant healing.

Our perseverance in faith to demonstrate spiritual dominion over trying circumstances is just as rewarding. To persevere in the spiritual sense does not mean that we work toward results under stress, pressure, and strain. To the contrary, the understanding faith works in perfect serenity. "In quietness and in confidence shall be your strength." As we remain calm, poised, and free from tension, we let God work through a mind of peace, a mind stayed on Him. Relaxed and tranquil, we know that His Truth is being expressed.

Visible results do not appear by accident or fate. They are deliberately fashioned and molded by our faith in His power to do all things. Every time we meditate on the promises of the Master, every time we hold a statement of Truth in consciousness, and every time we commune with the Father we increase our ability to use understanding faith with more and more precision. Daily we grow like that which we believe to be God's Truth for us.

Not only do we feel the building of an inner tower of peace, joy, strength, and power, but we soon perceive a pronounced material change for the better as Spirit readjusts the situation to our satisfaction. As darkness of night is always followed by light of day, so adversity always fades before faith's light of Truth.

Understanding faith is more than a mighty, divine tool for achieving freedom from seemingly antagonistic aspects; it is a way of life. The most successful, joyous, and perfectly whole persons among my acquaintances are those who make understanding faith a vital part of their very being. Their consciousness is always certain that Spirit guides, prospers, protects, and blesses them throughout every moment of the day. Needless to say, His presence verifies fully their faith in His love.

God gave us reason, a wonderful gift, for bettering our mundane affairs. But in His great love He gave us faith—His own divine wisdom—wherein nothing is impossible to us. Through understanding faith He bids us live in Truth.

Let Us Behold Him

We know that God is everywhere, and yet
Our eyes are sometimes too bedimmed with tears
Of sorrow, sense of loss, or vain regret
To see His world of loveliness. Our ears
Become so filled with sounds of strife and din,
The loud harsh clamor of discordancy,
That we forget to heed His voice within,
The voice that speaks of peace and harmony.
It bids us to behold His world and grow
Aware of all the light and joy thereof,
To have the open mind and learn to know
His law of life, which is the law of love.

—*Mabel Hatton Marks*

Words Fitly Spoken

RUTH BARRICK GOLDEN

HOW CAN I KEEP the conversation on an uplifting and constructive level when I am with friends who want to talk on and on about their symptoms and pains?" writes my young friend Dorothea. "I try to avoid these discussions, for I know they defeat the good work of healing; however, it is difficult to switch the subject without seeming rude. If I try to treat these situations with humor, my friends seem to think I'm silly. Please tell me how to handle this situation."

This is not an unusual problem, for there seems to be a tendency in human beings to linger over the details of an operation, a hospital experience, or even a sprained ankle. Perhaps, it is a hang-over from the days when few people could read, and the news of the world was confined mainly to the activities of the immediate family and neighbors. Few dramatic incidents occurred and little excitement came into the humdrum round of days. Death with its mystery was regarded as the supreme drama of their lives. The slightest departure of the human body from normal was regarded as unusual, and a subject of conversation.

Something of this observation I wrote to Dorothea in giving her the requested help. Her reply came back: "It boils down to the fact that we talk about our aches and pains through ignorance, doesn't it? We talk about ourselves, as our ancient forefathers

did, because we have poorly furnished minds and we cannot think of anything more entertaining to discuss than how we feel and what is happening to our bodies."

Dorothea expressed it well, and I am reminded of what my philosophical Uncle Jack used to say, "When you hear a fellow using profanity, you can be sure he has a poor command of language. Otherwise, he could express himself, even when angry, in proper English. Profanity is meaningless."

Ignorance and the lack of understanding are at the root of all our careless, negative, and destructive speaking. These lacks are behind every depressing thought and every cruel act. They are behind the words of the thoughtless child, wife, or husband who lashes out at another member of the family. They are behind all the wars between the peoples of the world.

"Father, forgive them; for they know not what they do," said Jesus on the cross. He knew! He understood! That knowledge and that understanding show us the way, the remedy for all our problems, from the greatest to the least, the way of Truth.

"Let the words of my mouth and the meditation of
my heart
Be acceptable in thy sight,
O Jehovah."

wrote the Psalmist. Forged in the heart, formed in thought, and expressed in living symbols, our words carve our destiny and shape our world.

"I am using the following affirmation now, and it works wonders," Dorothea writes. "I behold my friends healthy, radiant, free, and filled with the

Christ Spirit, as I silently declare, *'God is blessing you with a healthy body and an uncluttered mind.* Then I affirm for myself, *'God is blessing me with a healthy body and an understanding heart.'* I use this same blessing when I visit a hospital and come in contact with the doctors and nurses. I behold everyone perfect and whole, although they may describe themselves otherwise."

"The solution of our problems becomes easy when we exercise our spiritual authority and use our words to create about us a good world that is in harmony with God's perfect creation," writes Lowell Fillmore in "Things to Be Remembered."

Dorothea has learned the power of right thinking and speaking through her study of Truth. Having what the doctors called an incurable and incapacitating disease, she has exercised her power to overcome it. She manages her home. She is a pal to her husband and her two young children. She works joyously in her church in a small community and spreads the light of Truth as it is taught by Unity. The keynote of her strength is in a firm faith in the power of words. Hence, her concern over the tendency of other persons to dwell on the details of their confinements and operations.

"I just won't take part in these 'organ recitals,'" she declares. "I'm going to speak only words of wholeness and health."

Words "fitly spoken" are everliving symbols of beauty and power. A word of health fitly spoken in a voice vibrant with faith and confidence will uplift and heal. When others complain or elaborate on their ills, words of health will turn to silver a nega

tive background and create a picture of harmony.

My radiant friend Virginia experienced polio in her childhood. It left her legs paralyzed. Besides getting a college education, marrying, running her home efficiently, driving a car, and raising blue ribbon dogs, she writes as a hobby.

In a book-length manuscript on her experiences, which I recently read, she tells about some of the problems that she meets in trying to avoid the discussions of her handicap.

"Don't you become discouraged?" "Don't you sometimes have morbid feelings or a sense of inadequacy?" people ask her. Or, "It must be embarrassing to have people look at you as you toss that wheel chair out of your car, then climb into it, and take off down the street."

"Sometimes I am blue, or I feel momentarily that life isn't worth the struggle. But I don't intend to entertain my friends or acquaintances with a description of those moods. I don't expect to be in a continuous mood of happiness. I have yet to see anyone, even with the use of both hands and feet, who is perpetually merry. I don't expect my path to be strewn with roses, nor do I wish to have everyone carry me about on a cushion. Life is nobler than that!

"I can record here," she goes on, "that I have found no better way to rise above a feeling of discouragement or inadequacy than by talking to myself, by enumerating the blessings that are mine, and by giving thanks for the many opportunities that are within my reach.

"I thank God for life, health, and strength; for my husband, my children, my mother; for my home

and my specially-equipped car; for my friends, and my lovely dogs; for books, a typewriter, and two good hands to use it; for my wheel chair and my two strong arms to lift myself about. I try never to mention the things I've missed, not even to myself, so why should I discuss them with others?

"I think that indulgence in self-pity is one of the most weakening and destructive of emotions. So I talk to myself about strength and about beauty. Above all, about beauty! God has put so much of it in the world, in everything from the tiny little ladybug to the majestic mountains and to the white-capped ocean waves.

"I try to keep above the negative moods and problems. I want to live above my so-called handicap by living in Spirit. Since I've started the study of Truth, I live, move, and have my being in Spirit. I know that by filling my heart and mind with thoughts of faith, optimism, and hope, and with God's unfailing presence and power, I can overcome every problem. I have had strength in the past and have found a full and useful life of contentment and happiness."

Virginia practices the wise habit of words "fitly spoken." Her life is an inspiration to all of us who are associated with her.

May all our words give cheer to the discouraged and the downcast. May our words give confidence to those who see a world overshadowed by distrust and the fear of war. May our words bring joy to an atmosphere of depression. May our words of health and wholeness heal the sick in mind or body. May our words be words of love. May they lift, cheer,

and renew hope. May they give faith and strength to the doubter, the hopeless, and the weak.

High above the pettiness, the tension, and the fear in the world, may our thoughts blossom and come to full perfection in the lovely fruit of words "fitly spoken."

My Friendly Stars

Elizabeth Landeweer

The friendliest stars in the world to me
Are not the stars in the sky,
But the faithful stars that light my soul,
I see with my inward eye.
Like clusters of steady harbor lights,
They send out their beacon to me,
While my ship plies homeward in wind and dark
In the midst of a perilous sea,
Till I come to a place where the storm subsides
And anchor my ship in the cove,
With the lights of the shore surrounding me
Like lamps from the windows of love.
And I think of Jesus and how He said
We must never smother our light,
But set it on high for all to see
Who look for a glow in the night.
And I breathe my thanks in grateful prayer
That through endless time, and through worlds apart,
All of God's dear ones, the loving and fair,
Have blossomed like stars in my heart.

"This Is the Day"

MARY L. KUPFERLE

A FRIEND REMARKED recently, "Some time ago I experienced a spiritual uplifting and vision of perfection that I still do not quite understand. It was as though everything in the universe were perfect, lovely, and complete. I was aware only of the goodness and the beauty of Spirit—God—in all and through all. I felt as though I had walked into the heavenly kingdom and nothing else mattered."

Her eyes were filled with light and inspiration as she spoke, then suddenly they clouded with questioning and doubt as she concluded. "I do not see why this feeling left me, and I seem to be back in the old confused state of mind. Now I find myself either looking into the past, trying to relive the glory of that experience, or else I am looking forward impatiently to the future when I may find it again."

Every seeker of Truth finds himself in a similar situation at some time in his unfoldment. It is for this reason that our wise Master, Jesus, told us not only to "Seek," but also to "Be not therefore anxious for the morrow." He knew that within His followers' hearts and minds there would arise great visions of the goodness and the perfection of the Father's kingdom. He knew, too, that their eager hearts and minds would become impatient when they could not retain that vision, and that they would be rebellious when

they could not bring forth quickly into visibility the vividness of the spiritual reality perceived.

If you have known the beauty of such an experience and then found it overshadowed by impatience and rebellion because you could not hold it, take heart anew through the words of Jesus, "He that hath ears, let him hear. . . . For verily I say unto you, that many prophets and righteous men desired to see the things which ye see, and saw them not; and to hear the things which ye hear, and heard them not."

Then He tells us, "And to whomsoever much is given, of him shall much be required." When we are given a spiritual vision, a glimpse of any good and desirable thing, let us regard this vision as a sacred trust and work in joyous faith toward its attainment.

One time a Truth student caught a high vision of joy and happiness and realized the fulfillment of a long-cherished dream. The vision seemed to point toward certain human conditions and circumstances judged impossible by ordinary reasoning. For several months this student worked diligently in prayer, seeking light. Gradually a new understanding of the meaning of the experience came to him.

He began to understand more fully that God's goodness is never limited by human desires. "I found that God's goodness is never dependent entirely on circumstances or solely reliant upon an outer attainment," this Truth student related. "I realized that God beckons His children through such visions in order to help them have a greater acceptance of His unlimited good."

The Truth student concluded, "It was as though someone spoke very clearly to me, saying, 'Through the sacred regard in your heart for this high vision, you shall progress toward a bright tomorrow as you travel joyously through the moments of today.' " He knew, then, that the outworking of the vision in a material way was not his individual concern, but God's plan to fulfill in ways more wondrous than he had imagined. His acquaintances testified that they recognized a new spirit of love and joy in him. His presence brought new blessings to all who contacted him.

It was evident, also, to this Truth seeker's friends that every "today," every moment as it arrived, was of increased importance to him. He found today's importance magnified a thousandfold, its pleasures heightened, and its blessings multiplied without any outer effort on his part.

From the moment we feel uplifted in spiritual consciousness, every other moment will carry with it added blessings, beauty, and awareness of the presence and power of God. The duties and tasks, the obligations and responsibilities that we assume, will be permeated and transformed. The heavenly vision that we have attained and which our consciousness will assimilate, will continue to unfold according to a divine pattern.

If you, as a spiritual seeker, have stood upon such "holy ground," do not hold tenaciously to that single moment as a fleeting thing of the past, but let it become, right where you are now, a sacred trust and a spiritual stimulant. Let it aid you in the expression of your own indwelling Christ self. Where

you stand now is also "holy ground." The hour at hand is a sacred hour. Now is the most important time there is. Let your heart be infused with the beauty of the past, but let it express that beauty in the present: in every lifting of your voice in outer word, and in every lifting of your hand in outer deed. "This is the day." This is God's day as surely as any other, and it contains all the elements of His good promises!

The more quickly we release past experiences the more quickly we become open and receptive to the happiness that is quietly waiting for entry into our lives today.

Each morning as we arise let us affirm, "This is the day." This is a day to be lived, to be enjoyed, to be loved and to give love, to share and to accept goodness, to be watchful of God's wisdom, to give forth ever-increasing kindness and understanding, and to receive blessing on blessing.

This is the only day there is. If we accept it with thanksgiving and joy, new spiritual power will flow through the day's activities from its dawn to its close.

All the Truth we want to grasp and to hold is here now. All the joy that we desire to feel, experience, and share, exists now. The kingdom is "at hand," not in some distant past or in some mystical future. God is God now! You are joint heir with Christ now! The fields are white with harvest now!

This is the moment in which to rejoice. Even though heartache may seem to pull you back, take hold of these thoughts: "This is the day my good awaits me in untold measure. This is the day that God has made. Every moment of it is holy and

sacred. God has given it to me to live joyously. I will live this day to the fullest and highest I know."

If you will hold fast to these thoughts, forgetting the past and awaiting the future with confidence, you will find heaven's door bursting with treasure before you. You will find this day filled with such completeness and satisfaction that you will "be not . . . anxious" for the past or the future. Then the past will fulfill its perfect part in enriching the momentary "now." Visions of the future will fill your mind with the joy of anticipation. Impatience will not mar your thoughts, for you will rest in a heavenly assurance of orderly completeness now.

Someone may ask, "Do you mean I can be happy during this difficult time of my life when everything seems wrong and my heart is heavy?" Yes! You can be free and joyous right now. You can learn the good lesson that the experience holds for you when you are awakened through Spirit and are brought into the nearness and presence of God. Now you can walk in heaven right where you are. Now you can feel and know the joy of oneness with God even as Jesus felt and knew it during His trial, in Gethsemane, and on the Resurrection morning.

As you endeavor with a sincere, trusting, and open heart to be joyous, know that this is the day. Know that this perfect day was created for your happiness by the loving Father and that your moments will be wrapped in golden garments. Know that your hours will be filled with heavenly delight. Know that your day will unfold and "blossom as the rose," bringing to you the treasures of the king-

dom from every direction.

Do not wait to give thanks until something changes outwardly. Praise God for His goodness now. This is the day! This is the day you will receive your greatest illumination and understanding. This is the day that you will receive your highest realization of life, strength, and peace. Accept this day and put aside thoughts of the past. Know that all things are possible with God now!

This is a new moment, a new second of life. You are a different person in some way because of it. Changes are being made in you now, changes that never were made in your past. Thoughts fill your mind that never before have gained entrance. Desire and faith are new and fresh at this moment.

This is the blessed moment God has given to you. Use it to the full and rejoice. This is the hour in which God wants to share with you the blessings of His kingdom. This is the day that He has made for you. Live it! love it! and rejoice in it!

All that the future can hold for any man is measured by his present vision, not by the past years, but by today. This is the day upon which your future is to be built, the day upon which your joy, satisfaction, and fulfillment are to be founded.

What you have experienced or done is no longer of first importance. What you will experience or do is not yet to be considered fully. What you are doing is the issue and the basis of every achievement; the basis of your heart's high aspiration.

Today's love and forgiveness form the foundation upon which your tomorrow's love will rest and build a solid structure. Today's peace, understand-

ing, and tolerance are the forerunners of tomorrow's peace throughout the universe.

Let your heart ring with the song, "This is the day." Awaken to the beauty of God's world. Give full measure of yourself to God in order that He may live fully through you. Today is the day! Now is the hour! This moment is the only time that matters. Love it! Live it! Take it! Today is the day! "Rejoice and be glad in it!"

The Great Love

The Love that has guided the planets in their courses,
The Love that has bound the restless seeking sea,
Will hold my own within its blessed keeping
And will hold me.

I say it over and over when the storms are heavy,
And when the darkness deepens along the land,
For back of that love, all tender and strong and steady,
Is God's hand.

And back of His hand with its unfailing power
That reaches forever to set His own apart
From lasting evil is always the great compassion
Of God's heart.

So would I rest as the wild swan rests on the water,
Safe on the waves in their ceaseless ebb and flow,
Or lift on hope's wings, borne up by a love that never
Will let me go.

—*Grace Noll Crowell*

"The Day of Salvation"

NENA L. HART

DOUBTLESS, many of us have at times felt that our days follow a monotonous pattern, with today serving only as a hurried, busy, often unsatisfactory link between yesterday and tomorrow. Perhaps we allow our minds to dwell on something that has happened in the past, either pleasurable or otherwise. Or it may be that we let our thoughts skip into the future and we fret about an unpleasant prospect, hope about an uncertain result, or just daydream.

It is a little sad that we are not aware of the importance of centering more of our thought and attention in the present moment, in the wonderful now, in today, the day of our salvation. "Behold, now is the acceptable time; behold, now is the day of salvation."

Today is the most wonderful day of our lives. It offers us more than either yesterday or tomorrow, which do not exist. We cannot live in or be at any time but today. The only place we can ever live is in our own consciousness, and what we do with our consciousness determines our happiness or discontent. We live in our thoughts and we are what we give our thought to. If we are giving most of the substance of our thoughts to either the past or the future, we are living only in half measures. To live completely we must not neglect or count as small the opportunities of today.

We may become so engrossed in the passing of days that we forget to live fully the moments that make up the days. We may be so preoccupied with living that we forget life. We must learn to stop time, learn to stop living in the passing of time and begin to live in the eternal now.

The Sanskrit puts it well:

> Look to this day!
> For it is life, the very life of life.
> In its brief course lie all the verities
> and realities of your existence:
> The bliss of growth;
> The glory of action;
> The splendor of beauty;
> For yesterday is but a dream,
> and tomorrow is only a vision;
> But today, well lived, makes every
> yesterday a dream of happiness,
> and every tomorrow a vision of hope.
> Look well, therefore, to this day!"

Man, by living largely in change instead of in the unchangeable, compares his own changing conditions with eternal, everlasting time, and he says that time is passing. He sees change and he calls it the passing of time. Change is passing, transient; but time is eternal.

We have within us two different qualities of awareness; awareness of eternity, and awareness of change. In our present consciousness we must learn to live in both. But we should not live so completely in that which passes, change, that we forget that which lies behind it, eternity. We should so live in eternity that the things which come to pass are important only in the moment in which they occur. Change then becomes merged with the sublime

heights and depths of everlasting Being, and the Infinite becomes real to us in this present moment. Just as a drop of ocean water contains within itself all the elements and qualities of the entire ocean, so the present moment contains within itself all the elements and qualities of the Infinite.

We must learn to live efficiently and usefully in both the passing of time and eternity, but we cannot do either in a hurried, impatient consciousness. We must live in a confident, serene way that knows fulfillment now. We cannot live completely except in the present moment, the now. How can we possess and use all our faculties in fullness if we are living largely in the past, or looking and straining toward the future?

H. Emilie Cady says in her book, *How I Used Truth,*

> It needs but the one other little word "now," firmly and persistently held in mind, to bring into manifestation through us the highest ideal that we are capable of forming . . . This manifestation through us will be the fulfillment of God's ideal, instead of our limited, mortal ideal, when we learn to let Spirit lead and to hold our conscious minds to the *now.*
>
> You want to manifest the perfect Christ. Affirm with all your heart and soul and strength that you do so manifest now; that you manifest health and strength and love and truth and power. Let go of the notion of being or doing anything in the future. God knows no time but the eternal now. You can never know any other time, for there is no other. You cannot live an hour or ten minutes in the future. You cannot live it until you reach it, and then it becomes the now. . . . God's work is finished in us now. All the fullness abides in this indwelling Christ now. Whatever we persistently declare is done now, is manifested now, we shall see fulfilled.

The more we are aware of this, the more we do this, the more we consciously try to live the present moment in fullness, the more we learn to bring all our faculties and reactions into harmony. Our realization of the good that God has for us is not distributed over a wide range of past, present, and future, but is gathered into the easily recognizable and realizable now. We become more integrated, more efficient, more unified in both change and eternity.

It is good while we are training ourselves in this direction to hold a thought like this in mind: *"My thoughts and feelings are together in one place and for one purpose, the realization of present good. Nothing in my past, present, or future is outside the infolding circle of God's love."*

When we approach each new day with an open, receptive mind and a teachable heart, we learn that God has already given us all of Himself, and that in His great love He gives Himself to us afresh each day, full and complete. "His compassions fail not. They are new every morning; great is thy faithfulness."

Let us take each new day as a gift from God. In the freshness of the morning and throughout the day let us, to the very best of our ability, work with Him in forming and fashioning a day that is worthy to be given back into His keeping at night.

This endeavor to live more fully in the present does not mean that we are not to remember pleasant things of the past nor to look forward with interest to fulfillments of the future. We are to do these things from a vital sense of living today. When we review the past through the clarity and life of today

it becomes much less important to us. When we look into the future with a vivid, all-absorbing sense of today's present good, how great our enjoyment of tomorrow will be when it becomes today!

We cannot banish all remembrance of the past nor all planning for the future, but we can free ourselves of everything that has burdened us and kept us from living today with freshness and vitality and eagerness.

When we neglect the infinite possibilities of beauty, of life, of wholeness, of fulfillment, of joy, of service that are at our fingertips today, we are but half living. We are living negatively instead of positively.

Someone may say, "Well, I want to live fully in the present moment and be happy today, but it is just impossible. I do not have what I want today, therefore I am unhappy today."

Sometimes we do have to wait for the fulfillment of our desires, whether they are for more spiritual understanding or for some specific thing. But we should see clearly that our happiness need not wait. We can have happiness and contentment now. These are what we really want. We think we must have the fulfillment of some specific desire, when in reality all we want is to be at peace in our minds concerning it, to be content, secure. God promises and is able to give us now-today peace, contentment, and security, even though the actual fulfillment of a desire will come in the future. Where we may be unable, He is able. Where we may be inexpert, He is expert. Where we may be unknowing, He is knowing. Where we may be weak, He is strong. Shall we not

trust the One who knows how to bring our dearest desires to fruition? Shall we not have faith in the One who in His eagerness, His readiness to help, answers even before we call?

As we work with God toward the fulfillment of our desires, we will discover that we can be happy today, at peace today. Eventually we come to see that our peace, our happiness, our security can rest on nothing less than our conscious working with God. Desires may change or be fulfilled and new ones come to take their place, but in learning to work with God day by day we achieve a lasting happiness and contentment quite independent of the results we are seeking in the future.

Isaiah says, "Remember ye not the former things, neither consider the things of old." We learn to release the past. We learn to let go of the things we have outgrown. We learn to live more fully and completely today. We see that we can never lose what has been good in our lives, for it is eternal and has come forward with us to the present. We begin to look forward to tomorrow with courage and confidence.

God does not deal in the old, the outgrown, the worn. He does not try to patch an old garment. He is always creating something new, something different, something exactly right to replace that which can no longer serve us well. Isaiah also gives us another wonderful promise of God:

"For, behold, I create new heavens and a new earth; and the former things shall not be remembered, nor come into mind. But be ye glad and rejoice for ever in that which I create."

We do not sit back and wait until God has created a new heaven and a new earth for us, but we enter into the joy of His creation by being glad and by helping Him. We are glad today! We rejoice today! We work with God today!

"This is the day which Jehovah hath made;
We will rejoice and be glad in it."

Let us remember that the kingdom of heaven is not something that will come in the future. It is here today, a finished creation, waiting to become a part of our lives, waiting for us to enter into it. Our part is to bring the "kingdom, and the power, and the glory" forth into visibility in our own selves and in our own lives by working with God and using the good that He gives us today.

Bless Me with Truth

Anne Campbell

Lord, Thou art generous with gifts.
Thy world is bountiful and fine,
And when toward me Thy bounty drifts,
Make friendship mine.

And if Thou plannest more for me,
And would add to my life's design,
Share with me Thy divinity,
And make love mine.

Then that I may combine them both,
And write a good life line by line,
Bless me with Thine eternal Truth,
And make it mine!

My Jesus

HELENE SEAY

RECENTLY I reread Kahlil Gibran's "Jesus the Son of Man," and again especially enjoyed the account of Jesus as it might have been given by the beloved apostle, John.

Many men have written of Jesus as they imagined Him. But the question, "What was Jesus like?" has been asked down through the ages, not about the Christ, but instead of Jesus of Nazareth, the man. And there are, of course, as many answers to that question as there are questioners. Gibran makes the point that each man pictures Him with his own consciousness and that no two of us imagine Him in exactly the same way.

An artist once told me that he intended to paint Jesus with His head thrown back and laughing aloud! He said all portrayals of Jesus are too solemn and that Jesus must have laughed aloud in enjoyment more often than most men do. It was interesting to note that his first sketch for the picture, which I later saw, portrayed Jesus with a definite but quiet smile—and even the little smile seemed startling! Such a picture of Jesus of Nazareth would, however, probably reach the hearts of many persons. They, too, think of Him as the One who enjoyed His Father's boundless gifts of good and had extraordinary understanding of them.

My Jesus is first of all compassionate. The very word "compassion" causes me to know and love

Him. But most important of all, my Jesus is of my own conception, just as my neighbor is, just as your Jesus and your idea of every living man is of your own conception. We all know the man Jesus through His words and His deeds as they are recorded in the Bible. We have formed mental pictures of Him from the Bible. Many of us, however, are outraged by other people's conception of Him. This is especially true before we realize that we can see only through our own consciousness.

If no two of us can see in the same light the most perfect man who ever lived, small wonder that we differ in our comprehension of our neighbors. But Jesus is a most beloved figure, and my neighbor must be beloved, too, for he has the Christ in him. My Jesus sees my neighbor with eyes of compassion and love, with the eyes of the Christ. I dare not see him otherwise.

What is your Jesus like? and your neighbor, your friend, your brother?

All healing is really spiritual healing, and we must not fall into the fallacy of supposing that the more we know of a method the less need we connect God with it, or that the less we understand it the more does it manifest the Divine working. . . . No spiritual healer heals. He links his patient with God.—LESLIE D. WEATHERHEAD

Sunday LESSONS

These lessons point out the symbology of the Bible and interpret it according to the Unity teaching. Study with an open mind and Truth will convince you. Bible text is taken from the American Standard Version of the Bible, copyright, 1929, by the International Council of Religious Education; lessons are developed from outlines prepared and copyrighted by the Council; both are used by permission.

Lesson 10, June 3, 1956

UNITY SUBJECT—*Speaking Truth in Love.*

INTERNATIONAL SUBJECT—*Claiming the Cities for Christ.*—Acts 16:6-10; 18:5-11.

6. And they went through the region of Phrygia and Galatia, having been forbidden of the Holy Spirit to speak the word in Asia;

7. And when they were come over against Mysia, they assayed to go into Bithynia; and the Spirit of Jesus suffered them not;

8. And passing by Mysia, they came down to Troas.

9. And a vision appeared to Paul in the night: There was a man of Macedonia standing, beseeching him, and saying, Come over into Macedonia, and help us.

10. And when he had seen the vision, straightway we sought to go forth into Macedonia, concluding that God had called us to preach the gospel unto them.

5. But when Silas and Timothy came down from Macedonia, Paul was constrained by the word, testifying to the Jews that Jesus was the Christ.

6. And when they opposed themselves and blasphemed, he shook out his raiment and said unto them, Your blood *be* upon your own heads; I am clean: from henceforth I will go unto the Gentiles.

7. And he departed thence, and went into the house of a certain man named Titus Justus, one that worshipped God, whose house joined hard to the synagogue.

8. And Crispus, the ruler of the synagogue believed in the Lord with all his house; and many of the Corinthians hearing believed, and were baptized.

9. And the Lord said unto Paul in the night by a vision, Be not afraid, but speak and hold not thy peace:

10. For I am with thee, and no man shall set on thee to harm thee: for I have much people in this city.

11. And he dwelt *there* a year and six months, teaching the word of God among them.

GOLDEN TEXT—*We preach Christ crucified, unto Jews a stumblingblock, and unto Gentiles foolishness; but unto them that are called, both Jews and Greeks, Christ the power of God, and the wisdom of God.*—I Cor. 1:23, 24.

SILENT PRAYER—*As I express the love of the Christ, the living essence of Truth is distilled in my heart and I know God.*

Never before in the history of man has there been such a spiritual awakening as that which is upon us in the present day. We are learning that the gospel of Christ, which for so many years has been preached only partially, is not only for the saving of the soul, but is for the lifting up and spiritualizing of the body. In order that we may enjoy the fruits of increased light and understanding, a conversion or transformation must take place in our consciousness. Conversion is more than the making of certain admissions or professions: it implies an entire change of one's feelings and a quickening of action in one's mental and physical forces.

The word of Truth first gains entrance to the mind through the intellect and afterward through the heart, where it arouses love. It has free expression in us when we are under the influence of exalted thoughts. "When Silas and Timothy came down from Macedonia, Paul was constrained by the word, testifying to the Jews that Jesus was the Christ." When fired with perception from on high, with zeal, and with fervor, Paul is pressed to proclaim that the I AM is the saving power. When Truth meets with opposition the word is lacking in love. Paul "shook out his raiment and said unto them, Your blood *be* upon your own heads; I am clean: from henceforth I will go unto the Gentiles."

And he went into the house of Titus Justus, which was next door to the synagogue, and taught there. Titus Justus was evidently a Roman. One translator (Lamsa) renders this verse: "And he departed thence, and entered into the house of a certain man named Titus, a devout man whose household had joined the synagogue." In order to cleave to the Christ we do not have to make a radical change in our manner of thinking or living. We may be next door to our old established religious views, yet hold fast to the new understanding. We do not go back to the old or run away from it. The old must come to us—as Crispus, ruler of the synagogue, went to Paul—purified and made over in the Christ likeness, before our entire being is encompassed by Truth.

Opposition and dissension tend to discourage a worker from continuing his undertakings. The Christ Spirit revives and encourages him to hold to his appointed course. While in Corinth, Paul had a vision

in a dream that led him to go on with his work there. The consolation and encouragement it gave him indicate the fulfillment of the law of Truth in its work of regeneration.

The follower of the Christ who works in an adverse atmosphere or environment has one rock of defense on which he may stand unmoved. This rock is the Christ consciousness.

When guided by Spirit we are led to develop easily and naturally in Truth, under conditions that are most favorable. We should not be discouraged when we strike the barren places, nor should we waste our time in trying to quicken the localities that are at present too negative to respond. In matters of morals and the public welfare accredited officials should assume responsibility for action. In matters of inner conviction, each person must be his own judge.

QUESTIONS

1. What must take place in us, that we may enjoy the fruits of increased light and understanding?
2. What does conversion imply?
3. When guided by Spirit, how are we led to develop?
4. Does the giving of our allegiance to the Christ entail a radical change in our manner of thinking or living?
5. What firm foundation undergirds the one who holds to the Christ in an adverse atmosphere or environment?

Lesson 11, June 10, 1956

UNITY SUBJECT—*Righteous Desire.*

INTERNATIONAL SUBJECT—*The Gospel Overcomes*

Paganism.—Acts 19:8-10, 18-20, 23-27; Eph. 5:15-18.

8. And he entered into the synagogue, and spake boldly for the space of three months, reasoning and persuading *as to* the things concerning the kingdom of God.

9. But when some were hardened and disobedient, speaking evil of the Way before the multitude, he departed from them, and separated the disciples, reasoning daily in the school of Tyrannus.

10. And this continued for the space of two years; so that all they that dwelt in Asia heard the word of the Lord, both Jews and Greeks.

18. Many also of them that had believed came, confessing, and declaring their deeds.

19. And not a few of them that practised magical arts brought their books together and burned them in the sight of all; and they counted the price of them, and found it fifty thousand pieces of silver.

20. So mightily grew the word of the Lord and prevailed.

23. And about that time there arose no small stir concerning the Way.

24. For a certain man named Demetrius, a silversmith, who made silver shrines of Diana, brought no little business unto the craftsmen;

25. Whom he gathered together, with the workmen of like occupation, and said, Sirs, ye know that by this business we have our wealth.

26. And ye see and hear, that not alone at Ephesus, but almost throughout all Asia, this Paul hath persuaded and turned away much people, saying that they are no gods, that are made with hands:

27. And not only is there danger that this our trade come into disrepute; but also that the temple of the great goddess Diana be made of no account, and that she should even be deposed from her magnificence whom all Asia and the world worshippeth.

15. Look therefore carefully how ye walk, not as un-

wise, but as wise;

16. Redeeming the time, because the days are evil.

17. Wherefore be ye not foolish, but understand what the will of the Lord is.

18. And be not drunken with wine, wherein is riot, but be filled with the Spirit;

GOLDEN TEXT—*Ye were once darkness, but are now light in the Lord: walk as children of light.* —Eph. 5:8.

SILENT PRAYER—*I do not resist my good. I open my mind to it, and no room for evil is left in my thoughts.*

Desire is one of man's strongest instincts, and it cannot be suppressed or eradicated without destroying his will to live. It can be transformed, however, so that he possesses desire rather than being possessed and ruled by this tyrannical master. As a servant desire is indispensable.

To gain success in life in the accepted sense of this word a man must exercise self-control. He who lives for the gratification of the senses loses control of his appetites, his will power, and in time loses his ability as a worker. To remain voluntarily on the sense level is to forgo all understanding of the higher satisfactions.

The aim of the average sense man is to win such a measure of financial independence as will enable him to do as he pleases; that is, enjoy life. To make personal pleasure one's goal is to subordinate all else to this low ideal, with the result that one becomes and remains poor in every other respect. Intemperance in any form entails poverty of thoughts

and ideas through dullness and stupidity.

In its narrowly accepted sense temperance means abstinence from the use of alcoholic liquors. In a much broader sense it means self-control or moderation in all things. Under this broader definition the temperate life is the sanely balanced, poised life of those who hold to the standard of what is right. "Righteousness exalteth a nation," because where a people unite in following the standard of right in all things they reach a high level of moral excellence, and the cumulative weight of their common consciousness of moral and spiritual rectitude is very great.

The chief prerequisite to the temperate life is the disciplining of the mind. We train our domestic animals and harness the forces of nature, yet we let our wills run wild. No one can be the perfect man he idealizes until he disciplines his mind and takes control of his thinking. With his thoughts in order and his ideas in harmony with the ideas in Divine Mind, he is on the way to the realization of his ideal. The perfect society, the ideal civilization, the kingdom of God on earth awaits the adoption of a disciplined ideal by men and women, the ideal of the highest good of all mankind. This is the new order that is to make the earth and its fullness a fit manifestation of the divine. No order however new that rests on oppression and that permits one people to trample on the inherent rights of another has in it the qualities that make for permanence. The enduring things are those of universal application.

At heart everyone wants to do the best he can for himself. The difficulty is that to do this requires

the long range view of life. The good of the present moment is often only apparent good. What is good for the personal self is, more often than not, anything but good for man in the ultimate. The personal man is prone to follow the course that affords immediate satisfaction without considering whether it is the best course for him in the long run.

The effect of keeping the law of life in self-control or abstinence from all that is harmful to body, mind, and soul, is blessing. The effect of not keeping it is a curse that manifests as disease, moral or spiritual delinquency, or death. Because these effects are not instantaneous but sometimes come imperceptibly and always more or less gradually, the personal man does not fear them and is skeptical of their coming at all. He is willing to take his chances, invoke what he calls the "law of averages," or trust his strength of will to halt him before he does himself permanent harm.

Something more than consideration of personal well-being is therefore required to keep man obedient to the law of life. His responsibility as a member of the race may be brought home to him, and he may be induced to do right because of his influence over his fellows. A still higher standard makes him conscious as a son of God of his duty to those who may not as yet have achieved the same high consciousness. He can help them to this higher standard by setting them an example of good life and conduct, by being sane, balanced, and poised under all circumstances; in other words, by exercising dominion over his world as he was told to do in the beginning and as it is his destiny to do.

The effects of spiritual inspiration on the thought life is beyond computing. Genius is one of its products. He who makes Truth his daily food and drink is sustained by infallible wisdom, uplifted by continual joy. In addition to what has already been noted, the effect of intemperance on the life of thought is disastrous. Intemperance may end in the dethronement of reason and may cause a person to lose all consciousness of self-dominion through the I AM. Thought may become subject to the emotions and become erratic and irresponsible.

Under the influence of intemperance the moral nature deteriorates rapidly. Not every sober person is honest, but many a one who is honest and upright under normal circumstances may become dishonest under the influence of alcohol. Intoxicants steal away character as well as understanding. In one respect all forms of impurity are intemperate, for they rob man of the self-dominion that is his heritage as an offspring of divinity.

We can be "filled with the Spirit" when we fill our mind with the thoughts that make for love, joy, peace, faith, and the other qualities that are the unquestioned fruits of the Spirit. Until the fruits appear we fill ourselves with the Spirit through the power of our desire for them and our continued expectation of them.

QUESTIONS

1. In what respects does a love of pleasure lead to poverty?
2. What is the chief prerequisite of the temperate life?
3. How can everyone do the best possible for himself?

4. What are some of the effects of spiritual inspiration on the thought life of man?

Lesson 12, June 17, 1956

UNITY SUBJECT—*The Faith of Christ.*

INTERNATIONAL SUBJECT—*Ambassador in Bonds.* —Acts 26:2-8, 19-23.

2. I think myself happy, king Agrippa, that I am to make my defence before thee this day touching all the things whereof I am accused by the Jews:

3. Especially because thou art expert in all customs and questions which are among the Jews: wherefore I beseech thee to hear me patiently.

4. My manner of life then from my youth up, which was from the beginning among mine own nation and at Jerusalem, know all the Jews;

5. Having knowledge of me from the first, if they be willing to testify, that after the straitest sect of our religion I lived a Pharisee.

6. And now I stand *here* to be judged for the hope of the promise made of God unto our fathers;

7. Unto which *promise* our twelve tribes, earnestly serving *God* night and day, hope to attain. And concerning this hope I am accused by the Jews, O king!

8. Why is it judged incredible with you, if God doth raise the dead?

19. Wherefore, O king Agrippa, I was not disobedient unto the heavenly vision:

20. But declared both to them of Damascus first, and at Jerusalem, and throughout all the country of Judæa, and also to the Gentiles, that they should repent and turn to God, doing works worthy of repentance.

21. For this cause the Jews seized me in the temple, and assayed to kill me.

22. Having therefore obtained the help that is from

God, I stand unto this day testifying both to small and great, saying nothing but what the prophets and Moses did say should come;

23. How that the Christ must suffer, *and* how that he first by the resurrection of the dead should proclaim light both to the people and to the Gentiles.

GOLDEN TEXT—*I am not ashamed; for I know him whom I have believed, and I am persuaded that he is able to guard that which I have committed unto him against that day.*—II Tim. 1:12.

SILENT PRAYER—*I believe in the power of the Christ to hold me fast in every test of my faith and to prove me true to my convictions.*

Truth may seem to be bound and confined in a dungeon, unable to influence the life of the race, but this is an appearance only. When it has once entered the mind Truth does its freeing work, and there is no returning the mind to bondage. Truth is there to stay.

Truth may not be discernible on the surface, and the person himself may be largely unconscious of the transformation that is going on, unless he compares his present thoughts with those which he entertained before he listened to Truth. For one to think that there has been little progress is a common experience, but retrospection shows that the light of Truth has dissipated much darkness and has revealed a host of new ideas. It may have brought even a "heavenly vision," although this is likely to appear as mental illumination rather than as a visual phenomenon.

We no longer believe in angels as actual entities,

and consequently we do not have visions of angels, as did those whose experiences are recorded in the Scriptures. But we have what is more vastly important in our time, namely a new and quickened understanding of life and of Truth.

The story of Paul's struggle with the Jews and of his rescue by the Roman authorities is a symbolic representation of what takes place in the mind of every man who undertakes to ingraft the Christ ideal as a way of life on the established system of religious belief that has before commanded his allegiance. More than an act of will is required to do this successfully. If he is to be obedient to the heavenly vision of Truth that came to him as he followed the path of conformity to the established order (an order that recognizes the victory of accepted standards of right as gained through fighting all opposing standards), he must take refuge at first in the rule of reason. The head must supersede the heart until man learns to think clearly of his faith and can see its working in his mind, meanwhile still "believing all things which are according to the law, and which are written in the prophets." The law is a statement of man's reaction to Truth; prophecy a forecast of the adjustment of his life to his vision of the new way. "But this I confess unto thee, that after the Way which they call a sect, so serve I the God of our Fathers."

The law of faith requires us to believe in a higher and better order than we can yet demonstrate. To be of benefit to us our faith must be in spiritual things, in God. We cannot be one with Divine Mind before we believe in Divine Mind and trust to its

guidance. Those who acknowledge no higher authority than the intellect say that no one can know anything of God with certainty. If they develop faith in the divine they can no longer make such a statement.

We cannot control our destiny or be master of our circumstances through out intellect alone. For the intellect there is always a "thus far and no farther." Faith however knows no impossibility, acknowledges no limits to our achievement when we work with the Infinite. Through this divine aspiration we learn that spiritual Truth is substantial and not a figment of the imagination. It is right that faith should be without bounds, for without boundless faith in Christ we cannot develop a sense of justice or the other Christlike qualities that prove our faith justified.

To be justified is to have our course proved right, which is a source of satisfaction to anyone, especially to those who walk by faith. Peace of mind follows justification by faith. "Being therefore justified by faith, we have peace with God through our Lord Jesus Christ." Serene faith brings about this consciousness.

Faith enables us to see even in trials and tests the pregnant causes of future good to be realized by us. Tribulation can lead to steadfastness, character, hope, assurance, and divine love implanted by the Holy Spirit. Above all our present needs is patience and persistence. "Let us run with patience the race that is set before us." The joy that appears as we envision the transforming effects of the Spirit of Christ in us makes us willing to undergo what-

ever may come to us in our efforts to overcome sense with Spirit.

QUESTIONS

1. Is the freeing work of Truth always apparent at once?
2. What is the nature of the visions we now have of Truth?
3. Of what is Paul's struggle with the Jews and his rescue by the Roman authorities a symbol?
4. Why should faith be without limitation?
5. What constructive chain of causation may we forge out of tribulation?

Lesson 13, June 24, 1956

UNITY SUBJECT—*Indomitable Truth.*

INTERNATIONAL SUBJECT—*The Continuing Mission of the Church.*—Acts 28:16, 23-31.

16. And when we entered into Rome, Paul was suffered to abide by himself with the soldier that guarded him.

23. And when they had appointed him a day, they came to him into his lodging in great number; to whom he expounded *the matter,* testifying the kingdom of God, and persuading them concerning Jesus, both from the law of Moses and from the prophets, from morning till evening.

24. And some believed the things which were spoken, and some disbelieved.

25. And when they agreed not among themselves, they departed after that Paul had spoken one word, Well spake the Holy Spirit through Isaiah the prophet unto your fathers,

26. Saying,
Go thou unto this people, and say,
By hearing ye shall hear, and shall in no wise understand;

And seeing ye shall see, and shall in no wise perceive:

27. For this people's heart is waxed gross,
And their ears are dull of hearing,
And their eyes they have closed;
Lest haply they should perceive with their eyes,
And hear with their ears,
And understand with their heart,
And should turn again,
And I should heal them.

28. Be it known therefore unto you, that this salvation of God is sent unto the Gentiles: they will also hear.

30. And he abode two whole years in his own hired dwelling, and received all that went in unto him,

31. Preaching the kingdom of God, and teaching the things concerning the Lord Jesus Christ with all boldness, none forbidding him.

GOLDEN TEXT—*Go ye therefore, and make disciples of all the nations, baptizing them into the name of the Father and of the Son and of the Holy Spirit: teaching them to observe all things whatsoever I commanded you: and lo, I am with you always, even unto the end of the world.*—Matt. 28: 19, 20.

SILENT PRAYER—*I am one with the power of the Infinite, and I acknowledge its might as the source of my strength.*

Under divine law all men are equal. Those whose seeming lack of qualifications causes them to fall below the divine standard are handicapped, each to the degree of his divergence from this standard. Since the divine standard is perfection, which no one wholly expresses, everyone is handicapped to a degree.

Metaphysically, Rome represents the head, in contrast with Jerusalem, which represents the heart. Everyone who is ruled by intellect alone is in bondage, because freedom is one of the issues of life that comes from the heart; and until heart and intellect are conjoined we cannot be permanently free.

A certain measure of freedom, however, is inseparable from intellectual power. Rather than being kept under constant surveillance in Rome, Paul was allowed to dwell alone, except for his guard. He spent his time in preaching and teaching both Jews and Gentiles. When it penetrates the fallible human consciousness Truth is received by the reasoning faculty and tested by its standard. Only what appeals to his reason is accepted by the intellectual man. Since reason is developed in proportion to understanding and cannot exceed it and since understanding is a rare spiritual faculty, many persons are limited in reasoning power. The faith of the intellectual man is often negligible as far as spiritual Truth is concerned.

In his talk with the chief Jews residing in Rome Paul stated the facts of his case clearly and truthfully; and at the same time, he justified himself.

Rather than allowing ourselves to act only in accordance with what at present appears to be true, we sometimes believe it is necessary to adapt newly conceived Truth to certain deep-seated religious ideas that we have long accepted without question. We are reluctant to give up old beliefs that we have loved and held as true. "Not that I had aught whereof to accuse my nation." Paul's "nation" had forced him to appeal to Caesar. Our old beliefs may like-

wise force us to try to reason our way out of our problems to a workable philosophy of life. "For this cause therefore did I entreat you to see and to speak with *me*."

As long as we are dominated by the intellect, we miss the saving power of the Christ to dispel sin. If we are weak in understanding because of a failure to instill Truth into the subconsciousness, we cannot hold ourselves poised in the Christ Spirit. "In due season Christ died for the ungodly." Those who get new light on Truth but immediately lose it through lack of desire to follow it and attain full enlightenment are ungodly in the sense that they live outside the Christ consciousness, which is the health of man's body, soul, and spirit.

An ancient hymn, credited to Saint Patrick and translated from the Latin original, has as its concluding couplet the following:

"The Lord is health, the Lord is health, Christ is health;
Thy health, Lord, be ever with us."

Salvation is health of mind and soul, just as physical wholeness is health of body. The Christ life is the saving grace that affects man's threefold salvation when once he becomes reconciled to God and is willing to merge his personal will with divine will. He is then content to wait upon divine will until he is able to discern it.

The pleasures of the intellect are of a high order, and for this reason those who are ruled by the head do not always realize that they are in bondage. They become fond of their chains and consider themselves blessed with an unusual measure of freedom.

QUESTIONS

1. What does Rome represent in this lesson?
2. How do we realize freedom in ourselves?
3. What is the highest authority of the intellect?
4. What are the limits of the reasoning powers?
5. Who are the "ungodly" for whom "in due season Christ died"?
6. Explain how we are reconciled to God and saved by the Christ life.

The Prayer of Faith

God is my help in every need;
God does my every hunger feed;
God walks beside me, guides my way
Through every moment of the day.

I now am wise, I now am true,
Patient, kind, and loving, too.
All things I am, can do, and be,
Through Christ, the Truth that is in me.

God is my health, I can't be sick;
God is my strength, unfailing, quick;
God is my all; I know no fear,
Since God and love and Truth are here.

—HANNAH MORE KOHAUS

A Psalm of Thanksgiving

BERT LEIFER

O GOD, GREAT SPIRIT that dwelleth within us and supplieth our every need, from the fullness of our hearts accept Thou our gratitude.

We thank Thee, Lord, for life and love and service, for health and strength and joy, for home and family and friends, and for the peace that infuses our beings as Thy sunshine pervades our day.

Through Thee the fears of yesterday lie dead behind us. We go forth to greet tomorrow, secure in our faith in Thee.

Thou art our shield and our strength. Thou art our knowledge and our power. Thou art the foundation on which we build the castle of our dreams.

Thou art a lamp before our feet. Thou art a path leading upward. Thou art the dawn's light on the mountains. Our dwelling is in the midst of Thy love.

As we open our hearts to receive Thy bounty, so may our hands be open to share it, even as Jesus Christ, Thy Son and our brother, would share it. Thy will be done through us.

Silent UNITY

My mind is illumined because my vision is fixed on the light of Spirit within me.

The Society of Silent Unity, founded more than fifty years ago, is the healing department of Unity School, ministering without seeing them, to those who need help.

Our purpose is to aid through prayer all persons who, having faith in the power of God, ask for help.

Our temporal needs are met by the freewill offerings of those to whom we minister. "Give, and it shall be given unto you; good measure, pressed down, shaken together, running over."

Our Silent Unity group numbers some hundred consecrated workers who are devoting their lives to God's work for humanity. They are proving daily that physical, financial, mental, and spiritual difficulties can be overcome by righteous prayer. Even though everything else may have failed, we shall pray *with* you, for we have faith that "with God all things are possible."

We pray *with* you and also instruct you how to pray to the Father in secret in order that you may help yourself. Silent Unity is praying always, and your co-operation in prayer is of mutual benefit. Do not hesitate to write to us for help because your problem is personal. All correspondence is confidential.

Address your request to Society of Silent Unity, Lee's Summit, Mo. Cable address: Unity, Lee's Summit, Mo.

Give your full name and address

Prayers ANSWERED...

These testimonials come from persons who have been healed by the power of Spirit. Those who wish to gain inspiration from someone whom God has healed may write, in care of the Unity School Editorial Department, to givers of these testimonials. Each letter must be unsealed and give the initials and address of the person to whom it is to be forwarded; also the name and date of the periodicals in which the testimonial appeared.

He Shall Have Abundance

IT IS WITH THANKFUL hearts we write this letter. Praise God! and thanks to you for your wonderful help and prayers.

We have always lived a very mediocre life—only money enough for each day. We were reared in a Christian home, yet we used to wonder why things were as they were. In 1925 we organized a small private school. We loved our work, but had only a mean living. Then in 1942 one of the pupils' mothers gave us one of your publications. We knew at once it was what we had been looking for all the time.

We sent for a prosperity bank. Our school grew at once, and in another year we needed more help. By 1949 we found we had enough money to make a down payment on our own home. (We were both over sixty years of age.) We wrote you to pray with us that we would be led to the right place. We found just what we wanted and by April of 1949 we moved in. I am sure no one could love a home any more than my sister and I, or could be so happy.

Then, in June of 1955 we were advised that an uncle had died, leaving us a few thousand dollars. We feel it is because of your prayers that he thought of us.

We have finished paying on our home and now we have more than just a comfortable home—we have been able to add beauty to both home and yard. We are enclosing our tithe and ask that you send us another prosperity bank. We always want to keep one just to stay in touch with you.—*E.E. and B.E., Mississippi.*

WILL YOU please send me another prosperity bank? They are one of the most inspiring parts of the Unity work.—*Mrs. L.G., California.*

My Help Cometh from Jehovah

OF ALL THE religious literature that is published today, none—absolutely none—compares to the wonderful articles in UNITY and *Weekly Unity* magazines. I call them "soul lifters."—*Mrs. B.W., Michigan.*

ABOUT THE MOST wonderful thing that ever came to me was a stray copy of UNITY that a man left in my husband's shop. My husband brought it home, and at first I paid no attention to it. But for some reason I couldn't throw it away. And then the day came when it became life itself to me.

Down through the years UNITY has meant so very, very much to me. I only wish there were words adequate enough to express my love and deep gratitude and appreciation to Unity School of Christian-

ity. I read every word that comes from Unity and never throw anything away carelessly. I always pray that the literature I pass on may reach someone who may need it. I thank God that UNITY came my way —*Mrs. R.R.R., Texas.*

THE LITTLE MAGAZINE UNITY is so helpful and so inspirational that I would be lost without it. I have been a church member since childhood, and I attend my church regularly. But UNITY offers a working philosophy that touches daily living. It is not just theory.—*N.M.McG., Michigan.*

Hearken unto Me

I HOPE MY SILENCE has not been misunderstood. It only indicates the peace of mind I have found through your help. It cannot be expressed in words how I have been relieved of all fear by the use of your suggested affirmations. Surely, prayer in faith works.

I now realize that my day is dawning and my salvation is at hand. I have gotten out of the rut and therefore I attain a certain height of glory each day. For instance, my stay at the college was financially shaky, but now I am miraculously certain of financial maintenance. The reason is that my uncle who heretofore was reluctant to help me has been consciously awakened to a new realization by the divine light of love.

From the fulness of my heart I say, "Thanks to Silent Unity," for their literature with whose soothing and inspiring words I forge on ahead in my

daily activities. Christ is the sure foundation.—*N. I.O., Nigeria, West Africa.*

I HAVE SOME WONDERFUL news to report about my self and husband. The blessed little affirmation you sent has been so helpful. It just seemed to clear my mind and affairs. My husband has taken an attitude that is almost the exact opposite to the one he had before. It seems to me he is a different man. He actually is different! I'm so grateful and so thankful to God for His kindness.

I wish I had words to tell you just how I feel. It is just enough now to know that God is here and that I am actually learning to abide in Him. Oh, I'm so grateful!—*Mrs. E.G., Texas.*

Love One Another

THE OTHER DAY I had a misunderstanding with my husband. I was most unhappy with him. I thought of it most of the morning as I did my work. Well, lunch time came, and I started home for lunch thinking that when I got home if my husband was there I would have an argument with him. I got halfway to the door of the office and I thought "I haven't read my *Daily Word* yet today, maybe I'd better" so I came back to my desk and read my *Daily Word* for that day.

The lesson was on the subject "Silence is golden," and it takes two to quarrel, and if one keeps silent, words that are regretted will not be spoken. Well, that lesson was very definitely written for me that day.

No, I'm not so good yet that I had sense enough not to say anything, but I was much more careful of what I did say to him, and a very unpleasant situation was avoided. I am grateful to the encouragement I receive from UNITY, and for the teachings of Unity.—*Mrs. M.C., Arizona.*

Unto Us a Child

I AM ENCLOSING a love offering—a very small expression of my appreciation for your prayers during my pregnancy.

What a wonderful experience it is to have a baby in a Truth consciousness! I only wish that all women could realize that pain and discomfort are no part of God's plan. My baby is so perfect, so beautiful, and so healthy, that I know the Father's blessing is with her and will continue to be all her life.

All financial needs in connection with the baby have been wonderfully met, too. In spite of my absence from my business all month, and the fact that this month is ordinarily a slack month for us, income this year will be several hundred dollars higher than it was in the same month last year. My business affairs have been steadily improving, thanks in great part, I am sure, to your prayers for me.

Please continue to pray with me for the prosperity of my business, and especially that anything in my consciousness which may be blocking the full demonstration of God's goodness may be dissolved and redeemed through the power of the indwelling Christ.—*Mrs. R.B., Colorado.*

UNITY CENTERS AND CLASSES

The following leaders are conducting a ministry in keeping with the Christ teachings as interpreted by Unity School.

ALABAMA

Birmingham—Katheryn Jarvis, 2803 Highland ave

ARIZONA

Globe—Sarah Lightle, 117 E Oak
Phoenix—Harold Irving, 1614 N 7
Tucson—Lilian Cook, 603 N 3d

ARKANSAS

Hot Springs—Mildred Brown, Waukesha hotel
Little Rock—Mildred Brown, 1504 Spring

CALIFORNIA

Alhambra—Albert Ransford, 25 N 2d
Arcadia—Irene Malloy, 6 N 1st
Auburn—John Hinkle, Congregational church
Berkeley—Susanna Scott, 2500 Durant
Beverly Hills—Ruth Rae, 200 S Canon
Burbank—Joseph & Mildred Haggerty, 1009 Cordova
Cambria—A Williams, Derby & Warwick
Castro Valley—Edith Gruenwald, 1025 Crow Canyon rd
Colton—Harriet Nicholls, 1044 Mt Veron
Compton—Margaret Butterworth, 115 N Chester
Culver City—Dollee Phillips, 3979 Tilden
Escondido—Lola Mays, 143 W Grand
Fresno—Edward Jennens, 985 Palm
Glendale—Clifford Carpenter, 236 So Brand
Manhattan Beach—Winifred Dietz, 32d & Highland
Inglewood—Maude Galpin, 226 E Spruce
La Crescenta—Mary Adams, 2819 Montrose
La Jolla—Lola Mays, Woman's club, 715 Silverada
Long Beach—Louise Newman, Sarah Switzer, 935 E Broadway
Los Angeles—Ernest C Wilson, Norma Knight Jones, C Franklyn Kelly, 635 S Manhattan Pl; Helen Mouton, 4419 Mettler; Glenna Arrowsmith, 967 W Vernon; Carrie Love, 1540 W Jefferson
Modesto—Lucy Stringer, 201 Eye
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Napa—Helen Wade, Churchill manor, Brown & Oak
North Hollywood—Joseph & Mildred Haggerty, 4871 Lankershim blvd
Oakland—Alma Morse, 144 Athol
Oceanside—Sonja Samiran, 1st & Ditmar
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Pomona—C L Tuntland, 524 E Pasadena
Richmond—Winifred Deming, 1125 Nevin
Sacramento—John Hinkle, 1025 9th; Blanche Evans, 2441 Montgomery
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San Diego—Marie Fleming, Robinson bldg, 520 E st
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San Gabriel—Ethel Turner, 325 S Pine
San Jose—Rose Emery, 40 B S 1st
San Leandro—Barbara Lyon, 209 Joaquin
San Rafael—Helen Wade, 701 Mission
Santa Ana—Myron & Estelle Key, 2015 N Broadway
Santa Barbara—Robert Sikking, 227 E Arrellaga
Santa Cruz—Pauline Powell, 407 Broadway
Santa Monica—Sue Sikking, 1245 4th
Santa Rosa—Helen Wade, 845 3d
South Gate—Edna Drebert, 2945 Tweedy
Stockton—Grace & Laurance Swannell, 48 W Poplar
Van Nuys—Rose Schneider, 14440 Hamlin; Vera Stenen, 5745 Woodman
Ventura—Wm Noonan, 2095 Poli
Visalia—Alice Stokes, Johnson hotel
Vista—Sonja Samiran, 504 S Santa Fe
Walnut Creek—Marie Giles, 1360 Locust
Whittier—Adelyn Thomas, College at Bright
Yucaipa—Unity, Woman's Club

COLORADO

Colorado Springs—Ann Winstead, 1307 W Colorado
Denver—Alice Benson, 1441 Welton
Grand Junction—Mabel Donaldson, 1001 Pennsylvania

CONNECTICUT

Bridgeport—Helene Kersten, 199 Fairfield
West Hartford—Faith Cornwall, 1 Walbridge rd
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Delray Beach—Eva Rosencrans, 415 E Atlantic
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Ft Myers—Ann Werner, 1200 Lafayette
Hollywood—Nora Campbell, 112 Harrison Arcade
Jacksonville—Wm & Bonnie Grenson, 634 Lomax; Sallye Wannamaker, YWCA, 1215 Lee

Lakeland—Lucile Miller, 127 S Massachusetts
Lake Worth—Fermor Manley, 908 Lucern, room 4
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Miami Beach—May Stoiber, 5501 Pinetree
Orlando—Carolyn Parsons, 503 S Orange
Pensacola—Dorothy Thomas, 114 W Garden
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Sarasota—Dorothy Roy, Women's club
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Tampa—Ruby Wagner, 626 No B
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Macon—Wendell Mixson, Hotel Lanier

HAWAII

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Bloomington—Margaret Cain, 108 E Mulberry
Champaign—Viretta Sutherland, 528 E Green
Chicago—W I & Anna Hoschouer, 306 S Wabash; Unity, 64 W Randolph; Janet Beaudry, 410 S Michigan; Myrtle Moore, 1129 E 45; Henrietta Gorden, 4307 S Mich; John Johnson, 1650 S Central Park
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Hammond—Grace Free, K of P hall
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Indianapolis—Margaret Strahle, 907 N Delaware; Frederick Andrews, 8 E Market

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Topeka—Harriet Pfouts, Jayhawk hotel
Wichita—Carl & Lois Moran, 2160 N Oliver

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E Lansing—Roxie Miller, 425 W Gran River
Flint—Michael Giannuzzi, 1201 Metr politan bldg
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Grosse Pte Woods—Eve Edeen, 207 Mack
Jackson—Ferne Mack, 400 S Jackson
Kalamazoo—Amy Moffett, 209 W Dutto
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Midland—Aelola James, Community cen ter bldg
Muskegon—Leon Miller, YWCA
Royal Oak—Walfred Taurainen, 101 Troy
Saginaw—Michael Giannuzzi, Woman' club

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Minneapolis—Lila Ranney, 2300 Hennepi

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Lemay—Julia McKee, 3701 Bayles
Lee's Summit—Unity Village Center
Overland—Kate Evans, 2422 Goodale
Springfield—Polly Weeks, 213 E Chestnu
St Joseph—Osla Jones, 1202 Felix
St Louis—Wm Helmbold, 4526 W Pine Hilda Westermeyer, 3616 Bates; Flor ence Brummer, 4621 S Kingshighway; Ethel Bradley, 4328 Easton

MONTANA

Billings—John Wilkinson, 101 Lewis
Bozeman—Mary Wessel, 103½ Bridge Arms
Butte—Mary Wessel, YMCA
Great Falls—Frank Hax, 1023 2 ave S

Livingston—Mary Wessel, 322½ W Callender

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Omaha—C N Broadhurst, 1317 N 42d

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Hackensack—Eleanor Drew, Woman's club
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Newark—Edith Berry, Benzell hotel, 456 Broad
Paterson—Gladys Stevenson, YMCA 128 Ward
Ridgewood—Louise Gerhold, 1 W Ridgewood
Trenton—Edith Berry, 489 W State

NEW MEXICO

Albuquerque—Mina Stevenson, 1219 Tijeras ave NW

NEW YORK

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Buffalo—Lillian Matthews, Statler Hotel
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Great Neck—Emma Jean Sartori, 1 Ash
Ithaca—Russell Kemp, 436 N Geneva
Lynbrook—Stella Wrenn, 451 Sunrise
New Rochelle—Ethel Nickelsen, YMCA 175 Division
New York—Georgiana West, 1 W 47; Crichton Boatwright, 57 Park ave; Josephine Siemon, 400 E 59; Stella Wrenn, 15 E 11 st; Nanna Sutton, 360 W 125, Rooms 2 & 3; Janet Holland, 2523 7th ave
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Schnectady—Marian Hoagland, 32 Washington
Sea Cliff—Adele Woodruff, 112 Downing
Syracuse—Russell Kemp, 110 Onondaga A
Troy—Marian Hoagland, 1913 5th ave
White Plains—Eleanor Drew, 254 Martine

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Asheville—Velma Hoffman, 430 McDowell

OHIO

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Canton—Fred Beale, 2508 Market N
Cincinnati—Erna E Wissmann, 2853 Madison rd; Millie Leslie, 18 W 9
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Columbus—Joe Jones, 50 West 5th ave
Dayton—Ethel Crouch, 1008 Grand ave
Hamilton—Mary Harding, 117 Ross
Mansfield—Charlotte Dunn, 29½ N Walnut
Marion—Ethel Wallace, YMCA
Springfield—Ross Goodman, 2215 E High
Toledo—Wallace Tooke, 2740 Upton
Warren—Gladys Clarke, 156 High NE
Youngstown—Unity, Home Sav & Loan bldg

OKLAHOMA

Bartlesville—Ruth Jacques, 825 Cherokee
Muskogee—Ruth Jacques, 921 W Broadway
Oklahoma City—Alice & Schuyler Cronley, 318 Midwest bldg
Okmulgee—Ruth Jacques, 806 N Grand c/o R W Viersen
Tulsa—Grace Kehrer, 25 E 19; Dan Saunders, Alvin hotel

OREGON

Eugene—Hugh White, 1215 Oak
Portland—Marian Lance, 811 NW 20

PENNSYLVANIA

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Pittsburgh—Andrew Carlson, 809 Arch

PUERTO RICO

San Juan—Santurce—Rafaela Melendez, 306 Condado ave, stop 17

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Knoxville—Whipple Bishop, YWCA 420 W Clinch
Memphis—Hassall Self, 1911 Madison; Montee Falls, YMCA bldg
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Corpus Christi—Ross Peeler, 330 S Tancahua
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WASHINGTON

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Pasco—Beulah Scott, 1125 W Nixon
Redmond—Ella Peterson, Cedar & Kirkland (library bldg)
Richland—Beulah Scott, Dessert Inn
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Spokane—Phil Stovin, 1124 W 6 ave
Tacoma—Warren Meyer, 1012½ A st
Yakima—Beulah Scott, 109 S 4

WEST VIRGINIA

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Beloit—Bernice Biggers, YWCA bldg
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Mercer—Ella Beierle, Rice lake
Milwaukee—Mae Lundahl, 1820 E North; Emma Terrien, 634 W Wisconsin
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London—Herbert Nicklin, 70 Dundas
Montreal—May Duncan, 2132 Tupper
Ottawa—May Duncan, Kings Daughters bldg, Laurier ave
Toronto—Mary & George Dunning, 173 Eglinton ave W
Vancouver—Herbert Hunt, 1557 W Broadway
Windsor—Unity, Murray bldg, Pitt st

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The Purpose of Unity

Unity School of Christianity is a religious educational institution teaching the use of the Jesus Christ doctrine in everyday life, and is not a church. However in disseminating the teachings of Unity, based upon the Bible and especially upon the teaching of Jesus Christ, teachers have formed independent organizations for study and worship, and these organizations have evolved into groups called centers, societies, assemblies, and churches. These groups are a part of the Unity fellowship and work in close cooperation with the Unity School of Christianity, but Unity is not a denomination nor a sect. Those who study the Unity teachings and who attend a Unity church are free to keep their affiliation with any church they desire. Unity teachings explain the action of mind, the link between God and man. They explain how mind affects the body, how it brings man into an understanding of God. Accept what, in Unity, appears to you to be Truth, and withhold judgment on the remainder until you understand it.

Atom-Smashing Power of Mind

BY CHARLES FILLMORE

This book is written in the enlightened understanding of eternal Truth that Charles Fillmore acquired through his explorations into spiritual realms. It tells of the marvelous discoveries he made and explains how you can seek and apply them yourself.

Of special interest and importance is the chapter "The Atomic Age," written in 1927, in which he prophesied with amazing accuracy the present-day problem of atomic energy, and went on to say, "The next great achievement of science will be the understanding of the mental and spiritual abilities latent in man through which to develop and release these tremendous electrons, protons, and neutrons secreted in the trillions of cells in the physical organism. Here is involved the secret, as Paul says, 'hid for ages and generations . . . which is Christ [superman] in you, the hope of glory.' It is through release of these hidden life forces in his organism that man is to achieve immortal life, and in no other way."

(*Atom-Smashing Power of Mind* is $1 a copy.)

Unity Books

For Beginners in Truth	Beginning Again	
	Be!	
	Doctor Houston Speaking	
	Favorite Unity Radio Talks	
	God a Present Help	
	God Is the Answer	*Dutch, English*
	Great Physician, The	
	How I Used Truth	*German, English*
	How to Let God Help You	
	Lessons in Truth	*English, Italian, Swedish, German, Spanish, Russian, French, Dutch*
	More Wonderful You, A	
	Myrtle Fillmore's Healing Letters	
	New Ways to Solve Old Problems	
	Peace Begins at Home	
	Prove Me Now	
	Story of Unity, The	
	Things to Be Remembered	
	Whatsoever Ye Shall Ask	
For Healing	Christian Healing	*German, English*
	Divine Remedies	
	Jesus Christ Heals	
	Truth Ideas of an M.D.	
	You Can Be Healed	*Swedish, English*
For the Home	Unity Vegetarian Cookbook	
	You and Your Child	*French, English*
For Prosperity	Both Riches and Honor	*French, English*
	Prayer in the Market Place	
	Prosperity	
	Prosperity's Ten Commandments	
	Working with God	
For Inspiration	Best-Loved Unity Poems	
	Be of Good Courage	
	Household of Faith, The	
	Lovingly in the Hands of the Father	
	Mightier than Circumstance	
	Prayer Changes Things	
	Sunlit Way, The	
For Devotion	Effectual Prayer	
	Holy Bible, American Standard Version	
	Keep a True Lent	
For Advanced Study	Atom-Smashing Power of Mind	
	Christ Enthroned in Man	
	Have We Lived Before?	
	Know Thyself	
	Let There Be Light	
	Metaphysical Bible Dictionary	
	Mysteries of Genesis	
	Mysteries of John	
	Selected Studies	
	Talks on Truth	
	Teach Us to Pray	*French, English*
	Twelve Powers of Man, The	
	What Are You?	
For Children	Adventures of the Seven Spartans	
	Barky's New Home	
	Barky and His Friends	
	Crybaby Kangaroo	
	Jet's Adventures	
	Jet and the New Country	
	Jet's Choice	
	Teach Me to Pray	
	Thank You, God	

NEWS *from* UNITY

An Act of Faith

Often before our prayers re answered we seem to be equired to take some step hat proves our faith. If you ave a prayer that seemingly as not been answered, you vill want to read the article 'Act of Faith," by James A. Decker, which appears in the une 3 issue of *Weekly Unity*.

Mr. Decker gives examples f actual experiences that thers have had where such n act of faith was required nd seemed to open the way or their prayers to be anwered. An experience Myrtle illmore had is included. In ne experience, tithing proved o be the act of faith reuired. In another, removing rom a personal key ring the eys for the house that was ong unsold seemed to open e way for a profitable sale.

If you do not now receive *Weekly Unity,* perhaps you would like to add its simple but powerful teaching to your UNITY reading. Each week it offers inspiring articles, poems, a column by Lowell Fillmore, and other helpful features. *Weekly Unity* will come to you fifty-two times a year for only $1.

Over Three Million . . .

. . . people listen to the "Unity Viewpoint," Unity's fifteen-minute radio program, on more than forty radio stations. It comes six days a week over most stations, giving those who listen a mental and spiritual stimulus and awakening them to the good all around them.

Each broadcast finds a larger number of people tuned in. People listen to "Unity Viewpoint" because the simple words of Truth (like those Jesus used in his teachings) satisfy a longing for understanding that we all feel.

Listen to the "Unity Viewpoint" today. The program is sponsored by its millions of listeners, for their love offerings go to help meet expenses of broadcasting and sending free copies of the radio scripts to anyone who requests them.

If your local newspaper does not give the time and station, write Unity headquarters for a free radio schedule listing the "Unity Viewpoint" broadcasts in your locality.

Center Leader Helps on New Book

Unity School wishes to convey its sincere and heartfelt thanks to Warren Meyer, the leader of the Unity Center of Tacoma (Washington) for his faithful and painstaking work of selecting and compiling material for *How to Let God Help You,* the new book of Myrtle Fillmore's writings.

Mr. Meyer has spent the better part of two and one half years in going over Myrtle Fillmore's letters, handwritten manuscripts, notes, and published articles that had been kept in the reference library, and it is he who deserves much of the credit for originating this second Myrtle Fillmore book and carrying it through to final stages.

Summer Program Par of Three-Point Plan

Those who join in t Unity Summer Demonst tion Program will be int ested to know that this p gram is part of a three-po plan of home study for sp itual unfoldment extendi over an entire year.

In the fall comes Lesso in Truth Week, a time f studying the Truth principl set forth in Unity's ba textbook *Lessons in Truth,* H. Emilie Cady.

Next, during the Lent season comes the Unity Len en Program, beginning c Ash Wednesday and co tinuing through Easter Da This is a time of consecratio and prayer and of readin the book *Keep a True Len* by Charles Fillmore.

Then the culmination o the year's preparation come with Unity's Summer Dem onstration Program, a tim of demonstrating some spe cific good and consciousl putting into practice th knowledge gleaned in previ ous study and prayer. Th book *How to Let God Hel You,* by Myrtle Fillmore i being used in this year's pro gram.

You are cordially invited to take part in the Unity Summer Demonstration Program this year. You will find a more complete description of the Unity Summer Demonstration Program on another back page of this issue.

Unity Receives Award for Jet's Adventures

Recently an attractive Honor Scroll was received by Unity School from the Florida Southern College at Lakeland, Florida. This scroll reads: "Florida Southern College and Fifth Annual Exposition of Children's Literature awards this Scroll of Honor to Unity School of Christianity for publication and distribution of *Jet's Adventures,* by Bula Hahn, judged the outstanding children's book of 1955 portraying and enhancing The American Way of Life."

In recent years Unity has furnished quantities of its magazines *Wee Wisdom* and *You,* and copies of all of its children's books for this Annual Exposition of Children's Literature. Some sixty publishers have taken part in this exposition, and Unity School is sincerely appreciative of the signal honor that has been accorded it through the book *Jet's Adventures. Jet's Adventures* is $1 a copy, as are all of the eight other Unity children's books.

Coming Next Month in UNITY

The article "Building a Prosperity Consciousness," by Van Scoten, in the July issue of UNITY contains some new ideas for achieving your highest good that will give you a more complete understanding of the law of prosperity. One of the many points this interesting article brings out is that we need to make mental pictures of our goals and act as if we already had them.

"Let us see ourselves as prosperous persons. Let us vision ourselves doing the things we want to do, or having the things we want to have. We envision that new position and see ourselves working at it, a success in all that we do. We envision that new home we want; we see it in every detail from basement to attic, just as we want it. If we want a new car, we envision it. We see ourselves driving it rather than the old 'jalopy.'" Be sure to read this helpful article in next month's UNITY. Every copy of UNITY contains some of the wonderful writings of Charles Fillmore.

"Seeing God Out of Doors"

The June 17 *Unity Sunday-School Leaflet* contains Part I of a two-part outdoor devotional service for teen-agers titled "Seeing God Out of Doors." It is centered upon the theme of God's presence in all nature and may be as simple or elaborate as the participants desire. It may be given by three leaders—with one to serve as narrator. This is how the service begins:

"In the beauties of nature we see symbols of God's presence and evidences of His power. Every landscape is God's artistry; all nature is His song. Many of the men who wrote the books of the Bible felt God's presence in nature and in the world around them. Let the voice of Scripture be heard."

Part II appears in the *Leaflet* for the following week (June 24). The service contains specific songs and quotations from the Scriptures along with the narration, and all the parts, lovely in themselves, make up a flowing, harmonious whole.

The *Unity Sunday-School Leaflet* comes in a monthly package containing the Teacher's Section and a *Leaflet* for each Sunday in the month. It is priced at $1 a year.

Now Is All There Is

You can never change ye terday, and tomorrow is n yet here. Now is all there i The present is the only tin you can do anything abou This very moment is yours use or throw away.

Daily Word shows yo how to make the best of eac day. It brings you (1) daily prayer statement th can help you rise above you difficulties as you center you thoughts on God, (2) powerful message of Trut to meditate upon each day and (3) a Bible verse to kee you in touch with the Scrip tures. As you use *Dail Word,* you are uniting i prayer with thousands o men and women all over th world. It helps you becom part of a great current o godlike thought, and that cur rent will surely carry you to ward a new life of relaxed and successful happiness.

In addition to the daily meditation, prayer, and Bible verse, there are inspiring articles and poems by well-known Unity writers in this pocket-sized monthly. Why not let *Daily Word* help you have a happier, more successful life? A year's subscription is priced at only $1 and includes twelve helpful issues.

WORKING WITH GOD

As UNITY readers, no doubt you realize that when you work in harmony with God you get wonderful results with less effort in everything you undertake. You know that one has everything to gain and nothing to lose but limitations by joining forces with God, the source of all that satisfies.

Sometimes in this fast-paced, materialistic-minded world, it is hard to keep your spiritual consciousness and you lose your feeling of oneness with God. That is where *Good Business* magazine comes in. It gives you added insight in solving problems and incentive for putting Truth to work in everyday affairs by showing you how others have done it with marvelous results.

Starting in the June issue of *Good Business* is a series of articles on prosperity by Jane Fitz-Randolph, titled "Prosperity Is a Family Affair." The first article, "Prosperity Grows in a Special Kind of Soil," tells how some old stumps in the soil of the mind, such as a wrong idea about the source of supply, a sense of limitation, and a desire to hoard, must be dug up and thrown out. This series of articles points the way to prosperity step by step.

Good Business magazine is full of features that make it a valuable help to men and women in the workaday world. A year's subscription costs $1 and includes twelve monthly issues.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

A GIFT FOR HIGH-SCHOOL GRADUATES

Now is a good time to introduce *You* magazine to a young graduate; it makes a fine graduation gift. *You* gives teen-agers valuable help in meeting problems and in making friends, whether they are going away to college or starting their first job.

The June issue of *You* contains some timely articles that will be very helpful to the young person who must decide what to do with his life. In "What Are You Cut Out to Be?" James A. Decker discusses problems the graduate faces and tells how to let God reveal His divine pattern. In "First Car," by Helen L. Renshaw, a young graduate named Hank learns that some things are more important than the new car that he wants. In "Commencement—To What?" Elma Waltner makes helpful suggestions for those who need a little more time to decide what direction they will take.

The many valuable articles, stories, features, and poems in every issue of *You*, the teen-ager's best friend, are on subjects highly interesting to young people. The constructive ideas they find on its pages help them make their lives richer and fuller. Why not order a subscription for *You* for a young graduate you know? Be sure to ask that the subscription start with the June graduation issue. A year's subscription for *You* costs $1.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

EL SEMBRADOR

A Unity Truth Messenger in Spanish

Letters from Spanish-speaking people all over the world show that *El Sembrador* is making more Unity friends than ever. A friend in Mexico writes:

"I want to express my gratitude to Unity because it has given me much comfort. Each time that I receive anything from you, it is like receiving a rich treasure. I consider myself the richest person in the world. I have been guided by your teachings and affirmations in *El Sembrador,* and there is peace and tranquillity in my home."

El Sembrador is Unity's bimonthly magazine in Spanish. Because it is sent free to anyone who wishes to receive it, it reaches many who otherwise could not have the benefit of Truth literature in their own language. It contains articles translated from the other Unity publications, as well as poems and devotional lessons. Letters from *El Sembrador* readers indicate that each copy is read by several persons.

The publication of *El Sembrador* is made possible by the prayers and love offerings of loyal friends who wish to spread Truth in other countries. You can help spread Unity teachings about how to find health and happiness by sending a love offering for *El Sembrador* in care of:

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

"BLESSED IN A WONDERFUL WAY"

"I have been blessed in a wonderful way," writes a Unity friend in the British West Indies, "since I started using the Prosperity Bank. My salary is raised, and I have received quite a few pounds back pay. I thank God for His help."

Wherever you live, the Prosperity Bank plan can help you. The seven-week prayer drill includes saving a coin a day and helps you look to God for your supply. You may use this plan to pay the cost of sending UNITY to your friends, and their subscriptions will begin at once. Sharing UNITY with others opens the way for more good to come to you. Order your Bank and full instructions on the coupon below.

UNITY SCHOOL OF CHRISTIANITY, LEE'S SUMMIT, MISSOURI

Here is my order for three UNITY gift subscriptions and a Bank in which to save the $3 cost of these subscriptions.

NAME .....

Street .....

City ..... State .....

NAME .....

Street .....

City ..... State .....

NAME .....

Street .....

City ..... State .....

SENDER'S NAME .....

Street .....

City ..... State .....

Please indicate postal zone number, if cities are so divided. U-6-56

UNITY SUMMER DEMONSTRATION PROGRAM

Each year thousands of Unity friends learn how to bring more good into their lives through following the Unity Summer Demonstration Program and making a concerted effort to put Truth principles into practice in their lives. Many write telling how they have been blessed by taking part in this program.

NEW BOOK BY MYRTLE FILLMORE

Unity has brought out a new book by Myrtle Fillmore especially for the 1956 Unity Summer Demonstration Program. *How to Let God Help You* is its title, and the material it contains was selected by Warren Meyer, leader of the Tacoma, Washington, Unity center.

In the chapter "The New Way" the author tells us: "We are beginning to learn that life is our gift from the Father, a gift that is never withdrawn, never lessened, never limited by the Giver. We are beginning to enjoy this gift and to yearn to know how to make right use of it so that we may have the fullness of joy and blessings in it."

To take part in the Unity Summer Demonstration Program, all you need is the new book *How to Let God Help You* (priced at $1 a copy) and the free guide booklet that accompanies it.

There is still time to send for your copy of the new book and the free guide, and to join in the Unity Summer Demonstration Program this year.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

This My Prayer

Rowena Cheney

Dear Father, this shall be my prayer:
Oh, let me learn to hear and see
The splendor and the wonder of
Your laws about me everywhere—
In sky, in sea, in earth, and air—
Clearly revealed to me.

Dear Father, this my prayer to You:
Help me to feel each day, each hour
The miracle of changeless love,
The glory of the good, the true,
The beauty of a world made new
Through Your unfailing power.

UNITY